THE MONSTER

WHAT I HAVE WRITTEN IN THIS AUTOBIOGRAPHICAL STORY, IS BASED ON THE FACT THAT BETWEEN THE AGES OF THREE MONTHS TO A YEAR AND EIGHT MONTHS APPROXIMATLY, I WAS UNDER THE SUPERVISION OF A NANNY, NAMED MALKA, WHO WAS OUR NEIGHBOR AT THE TIME. SHE LOOKED AFTER ME **IN HER OWN HOUSE**. I WAS UNDER HER SUPPERVISION EVERY DAY, FOR FOUR HOURS A DAY BETWEEN THE HOURS OF 8am-12 noon, AND OFTEN, WHEN NECESSARY, IN THE AFTERNOONS AND NIGHTS.

PREFACE

I WAS IN MY EARLY TWENTIES WHEN I STARTED TO SUFFER FROM A SEVERE NEUROSIS. THE NEUROSIS BROKE OUT WITH GREAT INTENSITY, AND INCLUDED A VERY BROAD VARIETY OF SYMPTOMS: DIFFERENT COMPULSIVE BEHAVIORS, HARD OBSESSIVE THOUGHTS, INABILITY TO CONCENTRATE (COULD HARDLY READ), TERRIBLE CONTINUOUS ANXIETY, PHOBIA THAT KEPT ME LOCKED IN MY HOUSE, AND MORE.

THE SYMPTOMS CONTINUED INTERMINABLY ALL DAY. I WAS CONSTANTLY TRYING TO RID MYSELF OF THEM.

THIS SITUATION, WITHOUT ALMOST ANY RELIEF, CONTINUED UNTIL THE AGE OF ABOUT 31-32. AT THAT AGE I HAD STARTED A SELF ANALYSIS (BASED ON THE "INTERPRETATION OF DREAMS" BY FREUD), WHICH CONTINUED WITHOUT INTERMISSION FOR ABOUT 3-4 YEARS. THE DREAMS CAME AT A HIGH RATE, ONE AND MORE A NIGHT, ALMOST EVERY NIGHT, AS IF THEY WERE WAITING FOR THE MOMENT THEY COULD APPEAR-THE SOUL WAS LOOKING FOR A CURE. VERY FEW DREAMS I HAVE SOLVED TO MY FULL SATISFACTION, BUT ALMOST FROM EACH DREAM I FELT I WAS BENEFITING. IF IT WAS A FANTASY REVEALING ITSELF, FORBIDDEN WISHES THAT LET THEMSELVES BE KNOWN, UNDERSTANDING OF A SYMPTOM, HYPOTHESIS THAT CAME UP, A NEW REVELATION, ETC.

THE SYMPTOMS BEGUN TO DISAPPEAR AND MY CONDITION
GRADUALLY IMPROVED. LEAVING HOME BECAME MORE AND MORE
EASIER, THE TERRIBLE ("PREDATORY") ANXIETY WAS GONE, LEAVING
BEHIND "REGULAR" ANXIETY .THE COMPULSIVE BEHAVIOR WAS
GONE, OBSESSIVE THOUGHTS BOTHERED ME LESS AND LESS, AND

READING HAD BECOME ALMOST FLUENT.AT THE AGE OF 35 I HAVE STARTED, FOR THE FIRST TIME, WHAT CAN BE CALLED A JOB. A LITTLE LATER I ALSO MET MY FIRST GIRL FRIEND AND THE RELATIONSHIP THAT WAS FORMED MADE MY CONDITION EVEN BETTER. AT THIS STAGE THE DREAMS STOPED FROM APPEARING ALMOST COMPLETELY. I FELT THAT ALL THE INFORMATION NEEDED FOR INTERPRETATION AND UNDERSTANDING HAD BEEN TRANSFERRED. I DID MY BEST.ON THE ONE HAND I WAS GLAD ON THE MAJOR PROGRESS I MADE AND ON THE VERY SIGNIFICANT IMPROVEMENT IN MY CONDITION, BUT ON THE OTHER HAND I KNEW THERE IS STILL A LONG WAY TO GO-I WAS YET TO REACH THE CORE OF MY NEUROSIS. I WAS STILL LEFT WITH SEVERE LIMITATIONS, MAINLY A SENSE OF HEAVINESS, OF BARELY BEING ABLE TO MANAGE LIFE, LIKE A MAN WHO CARRIES ON HIS BACK A HEAVY LOAD WHICH LIMITS HIM WHEREVER HE GOES-BUT ONLY MENTALLY. A FEELING THAT LIFE IS HARD, OF NOT PARTICIPATING IN LIFE, OF EMOTIONAL DETACHMENT, OF BEING ALWAYS HAVING TO STRUGGLE, BARELY SURVIVING, AND IN ADDITION (GENERALLY SPEAKING), AVOIDANCE FROM CONTACTING PEOPLE. THIS SITUATION CONTINUED UNCHANGED FOR SEVERAL YEARS MORE.

THE REVELATION

IT WAS IN ONE OF MY DISCUSSIONS WITH MY MOTHER. I WAS ARGUING THAT I HAVE CLEAR AND DEFINITE SIGNS THAT I HAD BEEN SEXUALLY ABUSED. CONTRARY TO MY OPINION, MY MOTHER SAID THAT IN HER VIEW, IT HAD ALL BEGUN WITH MY NANNY, MALKA, AND THAT ONCE SHE SAW SCRATCH MARKS AND PINCHING SIGNS ON MY BUTTOCKS.....THIS ARGUMENT WAS NOT NEW TO ME, I HAD ALREADY HEARD IT BEFORE, BUT AT THE TIME I WAS OCCUPIED WITH OTHER HYPOTHESIS (CONCERNING SEXUAL ABUSE) AND REJECTED IT.THIS TIME I FELT MY MOTHER WAS RIGHT. IT SEEMED THAT UNTILL NOW MY MIND WAS OCCUPIED BY ALL THE CONSEQUENCES OF THAT ABUSE. I HAVE PROGRESSED FROM THE OUT SIDE INWARD, FROM LIGHT TO HEAVY, AND ONLY NOW I HAVE COME TO RECOGNISE AND "DIGEST" WHAT HAD REALY HAPPENED. BUT THIS FEELING, HOWEVER GENUINE AND REAL IT SEEMED, STILL DOES NOT QUALIFY IT TO BE TRUE. THE EGO HAS MANY REASONS TO RECOGNISE WHAT MAY SEEM RIGHT BUT DOES NOT HAVE TO BE SO. I. KNEW THAT IF MY MOTHER WAS RIGHT, AND MY FEELING ABOUT IT WAS CORRECT, IT HAD TO BE A VERY SIGNIFICANT REVELATION(TO BE EXACT, THE RECOGNITION IN THE REVELATION), AND CONSEQUENTLY WOULD HAVE TO BE EXPRESSED IN THE UNCONSCIOUS.ONLY THROUGH THE UNCONSCIOUS I WOULD BE ABLE TO KNOW FOR CERTAIN IF THIS HYPOTHESIS WAS TRUE. I HAVE WAITED FOR CONFIRMATION, AND INDEED, NOT LONG AFTERWARDS, IT ARRIVED. DREAMS BEGUN TO APEAR. BUT THESE DREAMS WERE DIFFERENT FROM THE "REGULAR" DREAMS. THEY WERE REALISTIC IN NATURE, MEANING, THEIR MANIFEST CONTENT, LITTLE DISGUISED, PROVIDED ALL THE NECESSARY INFORMATION. ALMOST NO ASSOCIATIONS WERE

ATTACHED. THE DREAMES APPEARED IN LOW FREQUENCE, ON AVERAGE ONE A MONTH, AND THEIR GENERAL NUMBER WAS SMALL.
AND THESE WERE THE DREAMS:

1. THE DOGS DREAM

A DOG I HAD IS WANDERING AROUND IN A GARDEN. IN A GARDEN ACROSS THE PATH, ANOTHER GIANT, MASCULAR WHITE DOG IS ALSO WANDERING. IT LOOKS WEIRD. **MONSTROUS**.

SUDDENLY, WITH NO APPARENT REASON, THE GIANT DOG LEAPS AND RUNS TOWARDS MY DOG, ATTACKS IT AND TEARS IT APART.

THIS IS THE DREAM.WHAT INTERPRETATION SHOULD WE GIVE IT? WE KNOW THERE COULD BE MANY.

THIS IS THE SITUATION WHEN A DREAM STANDS ALONE, NOT CONNECTED TO ANYTHING. BUT IT CANNOT BE THAT A DREAM JUST POPS UP OUT OF NOWHERE. THERE IS A REASON FOR IT TO APPEAR. SOMTHING HAPPENED THAT MADE IT APPEAR.

IN ORDER TO GIVE A MEANING TO A DREAM, WE HAVE TO MAKE IT BELONG, WE HAVE **TO PUT IT IN CONTEXT**. AND IN ORDER TO GIVE IT THE RIGHT MEANING, WE HAVE TO PUT IT IN THE RIGHT CONTEXT. BUT WHAT CONTEXT WOULD WE GIVE THIS DREAM? IN OUR CASE THERE IS NO PROBLEM. HERE THE OPPOSITE HAPPENED. HERE THE CONTEXT WAS THE ONE IDENTIFIED FIRST. IT WAS THE TRIGGER THAT CAUSED THE STRING OF DREAMS- THE RECOGNITION THAT A NANNY HAD ABUSED ME .ALL WE HAVE TO DO NOW IS TO INSERT THE DREAM INTO THIS CONTEXT, AND WE SHALL GET THE FOLLOWING SOLUTION:

THE GIANT, MONSTROUS DOG SYMBOLISES THE NANNY. MY DOG SYMBOLISES ME.

WE CAN SEE THAT FOR NO APPARENT REASON, WITHOUT ANY PROVOCATION FROM THE BABY, THE NANNY IS ALL OVER THE BABY, WITH FURIOUS RAGE, WHICH THE BABY SENSES AS AN ACTION OF DEVOURING, A TERRIBLE DEATH.

2. THE HOSPITAL DREAM

A TIGER ENTERS THE HOSPITAL, CARRYING ON IT'S SHOULDER A TINY BABY. THE BABY LOOKS DEAD, AS IT CAN BE SEEN THAT HE HAS BEEN ATTACKED BY THE TIGER. NOW THE TIGER HAS TURNED INTO A WOMAN. SHE IS THE ONE CARRYING THE BABY ON HER SHOULDER. SUDDENLY I NOTICE THE BABY IS MOVING. HE IS ALIVE! BUT I UNDERSTAND THAT THE TIGER/WOMAN IS TAKING HIM TO A PLACE WHERE SHE CAN DEVOUR HIM. UP UNTILL NOW SHE HAS ONLY "PREPARED" HIM, BUT NOW SHE IS ABOUT TO FINISH THE JOB. IN HER WAY THERE IS A WOMAN HOLDING A PRAM AND A BIG BABY INSIDE. I SHOUT TO STOP THE TIGER/WOMAN, BUT NOBODY LISTENS. THE TIGER/WOMAN PASSES THE WOMAN EXACTLY WHEN THE WOMAN BENDS OVER THE BABY, AND THE TIGER/WOMAN PASSES THE DOOR, CONTINUING INSIDE.

SOLUTION:

AGAIN, IN THE CONTEXT OF A NANNY ABUSING A BABY, WE CAN UNDERSTAND THE DREAM THIS WAY:

THE TIGER/WOMAN SYMBOLISES THE NANNY.

THE VERY SMALL BABY IS ME, AT THAT AGE.

THE HOSPITAL IS MY HOME, MY MOTHER'S HOUSE, SYMBOLISES THE BABY'S NEED TO BE CURED, AND ALSO THE PLACE WHERE THAT CURE IS BEING DONE. *

*PLEASE NOTICE THIS: THE TIGER IS TURNING INTO A WOMAN IN MY
MOTHER'S HOUSE, MEANING, MALKA IS ACTING AS A NANNY IN FRONT OF MY
MOTHER, BUT WHEN OUTSIDE(AS CAN BE SEEN WHEN ENTERING THE
HOSPITAL), SHE IS A TIGER, A PREDATORY FIGURE. THUS, FOR THE BABY,
HOME IS SAFE, BUT OUTSIDE, DEATH BY A PREDATOR AWAITS - A

PERCEPTION THAT WOULD CAUSE MAJOR DIFFICULTIES LEAVING HOME (DUE TO ANXIETY) LATER IN LIFE, WITH THE OUTBREAK OF THE NEUROSIS.

THE BABY LOOKS DEAD: THIS EXPRESSES THE VERY HARSH ABUSE THE BABY HAD GONE THROUGH.

THE WOMAN HOLDING THE PRAM WITH THE BABY INSIDE IS MY MOTHER WITH ME INSIDE, WHEN I WAS A LITTLE BIGGER- AT THE TIME WHEN MY MOTHER TOOK CARE OF ME.

THE WOMAN HOLDING THE PRAM IS ALSO MY MOTHER AT THE TIME I WAS UNDER THE NANNY'S SUPERVISION: THE BABY SENSES THE FORTHCOMING DEATH WHEN THE NANNY TAKES HIM FROM HIS MOTHER, AND TRIES TO CONVAY A MESSAGE THAT WOULD PREVENT HIM FROM BEING TAKEN AWAY. MY SHOUT IN THE DREAM IS THE SHOUT OF THE BABY TO HIS MOTHER WHEN TAKEN FROM HER BY THE NANNY. BUT, AS DESCRIBED BY THE DREAM, THIS SHOUT IS NOT HEARD (THE MOTHER IS BENDING EXACTLY WHEN THE TIGER/WOMAN IS PASSING THROUGH)- THERE IS NO ONE TO LISTEN.

PAY ATTENTION, SEE HOW IT ALL FITS? LIKE A PUZZLE, EACH PART HAS ITS OWN PLACE. EACH PART HAS ITS OWN MEANING, WHICH CONNECTS TO OTHER PARTS TO FORM A WHOLE PICTURE. THIS IS A DEFINIT SIGN THAT WE HAVE CHOSEN THE CORRECT CONTEXT. IT CAN BE EXPLAINED LIKE THIS:

THE MESSAGE ARRIVING FROM THE UNCONSCIOUS ARRIVES CAMOUFLAGED INSIDE DREAM/STORY/ASSOCIATIONS. WE DON'T NOTICE IT. THE WAY TO UNRAVEL IT IS THROUGH FINDING THE CORRECT CONTEXT. WHEN THIS HAPPENS, SUDDENLY ANOTHER STORY EMERGES, A STORY WITH MEANING, A MESSAGE FROM THE UNCONSCIOUS. TRY AND SEE-TRY TO IGNORE THIS CONTEXT OF A NANNY ABUSING A BABY AND YOU WILL SEE. THE DREAM BECOMES COMPLETELY MEANINGLESS!

3. THE PLAY-PEN DREAM

AT THE TIME OF THE DREAM I WAS AT WORK, DOING NIGHT SHIFT. I WAS IN A CAR AND VERY TIRED.I PUSHED THE SEAT BACKWARDS, AND BEFORE TIME HAD PAST, FOUND MYSELF BETWEEN DROWSINESS AND SLEEP. I REMMEMBER VERY WELL THE PARALYSIS SENSATION THAT HELD ME. I COULD NOT MOVE. A SHORT DREAM APPEARED. THE DREAM MADE USE OF THIS PARALYSIS FEELING TO EXPRESS A REAL SITUATION IN MY VERY REMOTE PAST:

I LIE DOWN UNDER TWO WALLS VERTICAL TO EACH OTHER, WITH A FENCE ABOVE. I AM TALKING TO SOMEONE. SUDDENLY I SEE THROUGH THE FENCE A DELINQUENT APPROACHING ME. I KNOW HE IS COMING TO HIT ME. IN MY HAND I HAVE A BIG FLASHLIGHT, AND I AM THINKING TO USE IT. THE DELINQUENT IS ALREADY AT MY SIDE. I TRY TO RESIST BUT CANNOT MOVE, I FEEL PARALYZED. I HAVE NO POWER. THE DREAM STOPS.

SOLUTION:

THE WALLS WITH THE FENCE ARE THE PLAY-PEN IN WHICH ME, AT THE AGE OF FEW MONTHS, IS LYING.

ABOUT THE WORD"WALLS": THEY WERE VERY HIGH WALLS, SLIPPERY WALLS, ONES THAT COULD NOT BE SCALED.AN ASSOCIATION COMES TO MIND: PRISON. IT SEEMS THAT THE PLAY-PEN WAS A PLACE THE BABY COULD NOT GET OUT FROM, AGAINST HIS WISH.

THE OTHER PERSON WHOM I AM TALKING TO, IS ME. I AM TALKING TO MYSELF, THE WAY ALL BABYS DO.

THE DELINQUENT IS THE NANNY, WHO HAS HIS QUALITIES.

THE PARALYSIS SENSATION: IT IS THE NATURAL POSITION OF EVERY BABY, THAT AT SUCH AN EARLY AGE IS STILL UNABLE TO MOVE, TO TURN AROUND, AND OBVIOUSLY IS UNABLE TO DEFEND HIMSELF. THE FLASHLIGHT (WHICH I AM USING AT WORK) IS SYMBOLIZING THE MALE SEXUAL ORGAN, A SYMBOL OF MANHOOD.

HERE THE BABY IS PROJECTING HIS MANHOOD AGAINST THE ABUSER AS A MEANS OF DEFENCE.

IN THIS DREAM, THERE IS A DESCRIPTION OF A NANNY WHO PUTS THE BABY IN A PLAY-PEN FOR ALL THE SUPERVISION DURATION. BUT SILENCE IS NOT HER MAIN GOAL. EVERY SOUND THE BABY MAKES IS IMMEDIATELY USED TO HARD BEATINGS. THE NANNY KNOWS THAT SILENCE COULD NOT BE KEPT FOR LONG, AND IS WAITING FOR THE MOMENT THE BABY WOULD MAKE A SOUND. THE NANNY DRAWS SATISFACTION NOT FROM THE SILENCE THE BABY GIVES BUT FROM THE BEATINGS SHE IS INFLICTING ON HIM.

4. THE BEATING HAND DREAM

I SEE BEFORE ME A HAND HOLDING AN HAMMER, AND BENEATH IT, ON A METAL TABLE, LIES A TIGER COVERED WITH A BLANKET UP TO HIS CHEST. THE HAND HOLDING THE HAMMER IS BEATING ON THE TABLE NEAR THE HEAD OF THE TIGER. ONE BEAT AND ANOTHER BEAT, AS IF PURPOSELY WAITING FOR THE TIME THE BEAT WILL COME ON THE TIGERS HEAD(I FEEL THAT THE HOLD UP WAS MEANT FOR THE PURPOSE OF SCARING, OR TO BE MORE EXACT, FOR THE PLEASURE OF SCARING). I KNOW WHEN THE BEAT ON THE HEAD WILL ARRIVE. I FEEL I AM THE ONE DECIDING ON THAT. THE THIRD BEAT LANDS ON THE TIGERS HEAD, AND IT IS TWITCHING FROM PAIN, BUT DOES NOT MAKE A SOUND. AND AGAIN, BEATINGS NEXT TO THE HEAD, FOLLOWED BY A BEAT ON THE HEAD.

SOLUTION:

A TIGER: AS WE HAVE ALREADY SEEN, AND SHALL SEE MORE, PREDATORY ANIMALS ARE THIS DREAMERS FAVORITE WAY OF EXPRESSION TO REPRESENT MALKA.

A METAL TABLE: A BUTCHERS TABLE, USING FOR CUTTING MEAT.

"I KNOW WHEN THE BEAT ON THE HEAD WILL ARRIVE":

MEANING, I AM THE ONE CONTROLLING THE HAMMER, A THING WHICH MAKES THE BEATING HAND MINE-I AM THE ONE WHO IS BEATING THE TIGER.

IN THIS DREAM I HAVE SWITCHED PLACES WITH MALKA:

a. BECAUSE IT IS TOO HARD FOR THE EGO TO SEE HIMSELF BEING BEATEN.

b. AS A REVENGE. **PRECISELY** THE SAME WAY MALKA BEAT ME.

HAMMER: SYMBOLIZES THE HARD BEATING INFLICTED ON THE BABY.
"FOR THE PLEASURE OF SCARING": IT IS NOT THE FIRST TIME I CAME UP
AGAINST MALKA'S METHOD. BECAUSE SHE COULD NOT HURT ME
PHYSICALLY (ONLY TO A CERTAIN POINT), SHE CAUSED ME MORTAL
FEAR, AND ENJOYED DOING SO.

A FACE TWITCHING: UNDER MALKA'S FLOW OF BEATINGS ONE MUST NOT SCREAM, CRY OR SHOW ANY RESISTANCE, OTHERWISE THE REACTION WOULD BE HARSHER.

5. THE RESTAURANT DREAM

THIS DREAM WAS LONG FORGOTTEN, AND I CAME TO REMMEMBER IT JUST RECENTLY, WHICH SHOWS A STRONG RESISTANCE TO THE DREAM'S CONTENT.

IN A KIOSK/RESTAURANT AREA, THERE IS ANOTHER AREA SURROUNDED BY TIN WALLS: THREE IN NUMBER, AND THE BACK WALL. BUT THESE ARE NOT PROPERLY CONNECTED, AND ONE COULD PEEP THROUGH THE CRACKS. INSIDE THIS AREA THERE ARE LOTS OF INJURED PEOPLE AND ONE CAN SEE THE WOUNDS. IN ADDITION, A LION IS LEANING OVER A MAN LYING ON A TABLE, DEVOURING HIM.

SOLUTION:

THE LION, A PREDATORY ANIMAL, IS MALKA.

THE MAN BEING DEVOURED IS ME.

THE MANY PEOPLE INJURED ARE ALL ME, AND POINT TO THE MANY TIMES I HAVE BEEN ABUSED.

THE FACT THAT THE INSIDE AREA IS IN A RESTAURANT, POINTS TO ABUSE THAT WAS CONNECTED WITH FOOD. (I ALREADY KNOW THAT MALKA DREW SATISFACTION ESPECIALLY FROM ABUSING WHILE GIVING FOOD).

THE CRACKS BETWEEN THE TIN WALLS POINTS TO ABUSE DONE IN A CONCEALED MANNER, BUT ONE THAT COULD BE DISCOVERED. THE PLACE OF ABUSE WAS NOT OUTSIDE AN AREA WHERE PEOPLE ARE, BUT A PART OF THE SURROUNDINGS. THERE IS A tkDISREGARD. AN ABUSE IS TAKING PLACE AND NOBODY CARES.

*APPENDIX: THIS DREAM HAS ANOTHER SOLUTION, HARSHER, IN ANOTHER CONTEXT, WHICH WE WILL ONLY ARRIVE AT LATER (SEE, THE"PARTY"). THIS OTHER CONTEXT AND THE SOLUTION CONNECTED TO IT ARE RESPONSIBLE FOR THE RESISTANCE THIS DREAM IS AROUSING, AND THEREFORE FORGOTTEN.

6. DAY-DREAM-THE TRAIN

THIS DAY-DREAM APPEARED WHILE I WAS WORKING, IN THE MORNING. IN ORDER TO GET INSIDE A CERTAIN AREA I WENT THROUGH AN ELECTRIC GATE. IT CLOSED BEHIND ME. I LOOKED AT IT. I IMAGINE I AM AT THE REAR- CRUSHED TO DEATH. A DAY-DREAM THEN APPEARS:

I AM LYING BETWEEN RAILWAY TRACKS AND A TRAIN PASSES OVER ME. I KNOW I MUST NOT MOVE. IN SPITE OF THE FEAR I MUST NOT RAISE MY HEAD EVEN AN INCH, BECAUSE ONCE I DO, I WILL DIE. BUT WAIT A MINUTE, THERE IS MY NOSE TOO, AND IT IS PROJECTING ABOVE MY HEAD,AND THEREFORE IT COULD BE HURT BEFORE MY HEAD. IF THE NOSE WILL RISE JUST A BIT, THE WHOLE NOSE OR PART OF IT WILL BE CUT OFF.

I AM IMAGINING HOW PART OF MY NOSE IS BEING CUT OFF. IT IS NOT SO BAD.ONE MUST NOT BE FRIGHTENED.ONE ALSO SHOULD NOT SUCCUMB TO PAIN, BECAUSE THEN THE HEAD WILL FOLLOW THE NOSE AND THEN I WILL DIE.

SOLUTION:

THE TRAIN SYMBOLISES THE NANNY, MALKA. ME IS MYSELF, AS A BABY.

THE SIZE OF THE TRAIN AND IT'S MIGHT AGAINST THE LYING MAN BENEATH, REPRESENT THE NANNY OPPOSITE TO THE LITTLE BABY. AS THE TRAIN RELATES TO THE MAN, SO MALKA RELATES TO THE BABY- CONSTITUTE A CONSTANT THREAT, AND DOES NOT LET HIM REST.

ONE MUST NOT RAISE THE HEAD: IT IS FORBIDDEN TO MOVE,
FORBIDDEN TO RESIST.I MUST LIE WITHOUT MOVEMENT, OTHERWISE
CASTRATION AND DEATH WILL FOLLOW (THE NOSE REPRESENTS THE

MALE SEXUAL ORGAN). FROM ANOTHER SOURCE I PERMIT MYSELF TO EXPAND THE MEANING THIS DAY-DREAM REFERS TO, HERE WE HAVE A DESCRIPTION OF A TYPICAL COURSE OF ABUSE IN "REAL TIME". HERE MALKA LEANS OVER THE BABY AND HITS HIM(ONE SHOULD NOT SUCCUMB TO PAIN"), WAITING FOR THE MOST TINY MOVEMENT, TO THE MOST TINY VOICE THAT WOULD COME AS A RESULT OF FEAR OR PAIN.AND USES THAT TO HIT HIM HARDER. THE HARD BEATING RESULTS IN CASTRATION (PASIVITY, SUBMITION). THE SITUATION DESCRIBED HERE IS A CEASELESS DEATH ANXIETY. THIS DAY-DREAM REVEALS US THE SAME FORMAT AS THE" BEATING HAND" DREAM, BUT IN A BROADER SENSE: IT IS A CONTINUOUS ABUSE, LONG LASTING, AND THE BABY DOES NOT SEE THE END OF IT (IT IS NOT BY CHANCE THAT THE DREAM CHOOSES THE TRAIN. IT USES IT'S PHYSICAL ATTRIBUTES. LIKE IT'S LENGTH AND CONTINUITY.TO DESCRIBE IN THE BEST WAY POSSIBLE THE CHARACTERISTICS OF THE ABUSE AND IT'S EFFECTS).

THIS DAY-DREAM ALSO EXPRESSES A WISH FOR CASTRATION (THE DREAM PICTURE DESCRIBES A WISH FULFILLMENT).

HERE THE BABY GIVES UP HIS MANHOOD IN ORDER TO SAVE HIS LIFE.

7. DREAM PICTURE

THIS CHILDHOOD DREAM DOES NOT ALLOW A FUL SOLUTION, BECAUSE THE ASSOCIATIONS CONNECTED TO IT HAS LONG BEEN FORGOTTEN.I BRING THIS BEFORE YOU BECAUSE OF A PICTURE AT THE END OF THE DREAM, THE MEANING OF WHICH HAS ELUDED ME ALL THOSE YEARS, AND ONLY NOW, IN THE CONTEXT OF A NANNY ABUSING A BABY, HAS SUDDENLY BECOME CLEAR.

AFTER AN EXPLOSION OF AN ATOMIC BOMB, I GO OUT TO MY MOTHER'S HOUSE PORCH. MY MOTHER IS SITTING WITH HER FRIENDS AROUND A ROUND TABLE, UNDER THE SUN.AT OTHER PLACES SHADOWS EXIST. I TURN TO MY MOTHER AND TELL HER THAT UNDER THE SUNLIGHT YOU LIVE BUT IF YOU SIT UNDER A SHADOW YOU DIE, AND SHE SHOULD BE CAREFULL, BECAUSE THE SHADOW IS REACHING HER AND IS ABOUT TO COVER HER. MY MOTHER DOES NOT LISTEN, SHE IS GIGGLING WITH HER FRIENDS AND DOES NOT NOTICE ME..... I AM OUTSIDE, WALKING ON A PATH CLOSE TO MY HOUSE. ON MY RIGHT THERE IS A LONG BUILDING FOUR FLOORS HIGH.THROUGH AN OPEN WINDOW IN AN OUTERMOST FLAT ON THE FORTH FLOOR I SEE A PAINTER ATTACHED TO THE WALL. HE IS FLAT, LIKE GLUED TO THE WALL. THE ROOM IS PARTIALLY PAINTED.

SOLUTION:

GENERALLY, AFTER A TERRIBLE EVENT, AN EVENT THAT REPRESENT DEATH TO THE BABY (THE ATOMIC BOMB), DEATH ANXIETY IS FORMED WITHIN THE BABY. THE REFERENCE TO LIGHT AND SHADOW IS BECAUSE THE COMPARISON OF AN ATOMIC BOMB TO THE HITTING OF A METEOR, CAUSES A CLOUD OF DUST, AND BY THAT BLOCKS THE SUNLIGHT-WHICH IS HOW THE DINOSAURS DIED.

HERE, AS SIMILAR TO THE HOSPITAL DREAM, THE BABY IS IN CONTINUOUS DEATH ANXIETY FROM WHAT IS EXPECTED. THE WARNING OF THE LITTLE CHILD TO HIS MOTHER IS ACTUALLY HIS OWN DEATH ANXIETY, HIS OWN PLEA TO HIS MOTHER TO PROTECT HIM.BUT AS WE HAVE ALREADY SEEN, HERE TOO THE MOTHER IS IGNORING THE BABY.

A PARTIALLY PAINTED ROOM: THIS IS THE BABY'S ATTEMPT AT SELF CURE AND RECOVERY. AN ATTEMPT THE NANNY HAD BLOCKED. A PAINTER GLUED TO THE WALL: THIS IS THE PICTURE THAT EVADED ME ALL THOSE YEARS. HERE TOO, THE FIRST TIME I UNDERSTOOD IT WAS DURING A CONVERSATION WITH MY MOTHER. I TOLD MY MOTHER OF THE DREAM, AND WHEN I HAD REACHED THIS PICTURE I USED A CERTAIN HAND MOVEMENT, WHEN SUDDENLY IT HIT ME. WHEN SOME KIND OF BODY (PLASTICINE FOR INSTANCE) HITS FORCEFULLY A SURFACE, IT DISPERSE, SPREADS OUT.

MALKA THREW ME AGAINST THE WALL!

8. THE GHOST DREAM

THIS IS A CHILDHOOD DREAM I HAVE ALREADY SOLVED, BUT IN ANOTHER CONTEXT. IN THE CONTEXT OF A NANNY ABUSING A BABY, THE DREAM GETS ANOTHER MEANING, A DEEPER ONE.

IN OUR LIVING ROOM TWO PEOPLE FIGHTING. A GHOST HOVER HIGH ABOVE (THE CEILING IS ESPECIALLY HIGH), WATCHING THEM.

SOLUTION:

HERE, DUE TO THE HARD ABUSE (THE QUARREL BETWEEN THE TWO PEOPLE-WHEN THE BABY WAS STILL AT THE STAGE OF PUTTING UP RESISTANCE), WHICH THE BABY CANNOT TOLERATE ANYMORE, HIS SOUL IS DETACHED FROM HIS BODY (A PHASE IN WHICH THE BABY STOP RESISTING). THE BABY NOW FEELS NOTHING (BECOMES APATHETIC).HE IS WATCHING THE ABUSE FROM ABOVE.

THE ESPECIALLY HIGH CEILING IS USED TO EXPRESS THE CRUELTY OF THE ABUSER-MEANING, TO GET AWAY AS FAR AS POSSIBLE FROM THE SCENE.

IBOGAINE

THESE WERE THE DREAMS. THE DREAMS OCCURRED IN A PERIOD OF A YEAR AND A HALF AND DESCRIBE GENERALLY WHAT HAD HAPPENED. INDEED, ONE CAN CONCLUDE THE SITUATION I WAS IN, THE ESSENCE, BUT NO MORE. FROM THE POINT OF SPECIFIC EVENTS. THE OCCURRENCES DESCRIBED IN THESE DREAMS COULD HAVE HAPPENED IN ONLY ONE DAY OUT OF THE HUNDREDS OF DAYS I WAS UNDER MALKA'S SUPERVISION. I KNOW, FOR INSTANCE, THAT MALKA USED TO PINCH ME ALL OVER MY BODY, AND THERE IS NO CLUE IN THE DREAMS TO INDICATE THAT.IN ANY CASE. THE FACT THERE WERE SO FEW DREAMS INDICATE HARDER MATERIAL THAT LIES BENEATH. IT SEEMS THAT THE UNCONSCIOUS DOES NOT SUPPLY WHAT THE EGO (THE UNCONSCIOUS PART IN THE CONSCIOUS SYSTEM) CANNOT TOLERATE, IT IS AS IF WAS SAID TO ME: STAY LIKE THIS! YOU ARE BETTER OFF THIS WAY, WITH ALL YOUR LIMITATIONS, THAN FOR YOU TO KNOW MORE.IT SEEMS THAT IN THE PAST, AS LONG AS I WAS NOT READY TO RECOGNIZE THE MATERIAL DEEPLY HIDDEN, DREAMS CONTINUED TO BURST INTO CONSCIOUSNESS, AND NOW, WHEN I AM STARTING TO TOUCH THE ROOT OF THINGS, I AM BEING TOLD: **ENOUGH! NO MORE!**

BUT WHAT TO DO, THE EGO (THE CONSCIOUS PART OF THE CONSCIOUS SYSTEM) WOULD NOT ECCEPT THIS OUTCOME. THE ALTERNATIVE IS TO CONTINUE LIVING WITH GRAVE LIMITATIONS, A CONTINUING HARD STRUGGLE IN THE SOCIAL AND ECONOMIC AREAS, AND ALL THIS ALONG WITH STRONG FEELINGS OF FRUSTRATION AND MISSING OUT. AND IN ADDITION, I HAVE ALREADY LOST MY YOUTH (AND MORE). SHOULD I GIVE UP WHAT IS LEFT? I MUST DO SOMETHING, I MUST BREAK THE BARRIER! WHAT WOULD I FOUND OUT? THE YEARS OF SELF ANALYSIS HAVE MADE ME PRACTICALLY IMMUNE.I AM READY FOR ANYTHING. I WILL STAND ANY REVELATION!

AND THEN I REMEMBERED AN ARTICLE I HAVE READ IN A DAILY NEWSPAPER SEVERAL MONTHS BEFORE. IT WAS ABOUT A PLANT, "TABERNANTHE IBOGA" IT'S NAME (BETTER KNOWN AS IBOGAINE), WHICH OWNS RARE QUALITIES, AND IS USED TO WEAN DRUG ADDICTS.ONE PORTION IS ENOUGH TO WEAN AN ADDICT.THE NEED FOR THE DRUG IS GONE.UNTIL NOW EVERYTHING IS FINE. BUT WHAT IS THE CONNECTION TO ME? WELL, WHILE CONTINUING READING .IT TURNED OUT THE PLANT IS WORKING ON THE MENTAL SPHERE AS WELL, AND THAT IS BY BRINGING TO CONSCIOUSNESS DREAM PICTURES, PICTURES THAT BELONG TO THE PATIENT'S REMOTE PAST, AND AN ASSUMPTION WAS MADE THAT WITHOUT THOSE PICTURES, WEANING IS NOT POSSIBLE. IT COULD BE UNDERSTOOD THAT CURE IS TAKING PLACE, AT LEAST IN PART, BY RELEASING THE MENTAL TRAUMA WHICH STANDS AT THE BASE OF ADDICTION. I IMMEDIATELY UNDERSTOOD THE POTENTIAL EMBODIED IN THE PLANT FOR MY CASE.

CONTINUATION OF READING ON THE INTERNET BRINGS DESCRIPTION OF TWO PHASES:

- 1. THE DREAM PHASE-IN WHICH DREAM PICTURES APPEAR TO THE PATIENT.
- 2. THE PROCESS PHASE-IN WHICH THE MATERIAL IS ASSIMILATED, PROCESSED AND INTERPRETED. A PHASE IN WHICH PEOPLE UNDERSTAND FOR THE FIRST TIME IN THEIR LIVES THE MENTAL FACTORS WHICH BROUGHT THEM TO USE THE DRUG. IT SEEMS THAT THE UNCONSCIOUS TRANSFERS THE HIDDEN MATERIAL IN A FORM EASIER FOR THE EGO TO UNDERSTAND (ACCORDING TO DESCRIPTIONS, WHILE PROTECTING THE EGO), AND BY THAT, A BASIC CHANGE IS PERFORMED, PSYCHOLOGICAL CHANGE, WHICH BRINGS LIFE CHANGE. I HAVE READ DESCRIPTIONS OF PEOPLE, WHO BY TAKING ONE PORTION (SOMETIMES MORE) OF THE PLANT, WERE COMPLETELY CURED FROM LONG LIVING NEUROSIS.IT SEEMS THAT THE PLANT ENABLES THE UNCONSCIOUS TO PERFORM MENTAL

HEALING. THIS THING IS NOT SURPRISING, GENERALLY WE CAN SIMPLY SEE HERE THE BODY TRYING TO CURE ITSELF-A KNOWN FACT IN THE PHISICAL REALM-SO WHY NOT IN THE MENTAL REALM? HERE IT SEEMS THAT THE UNCONSCIOUS. WHO KNOWS EVERYTHING. TAKES AN ACTIVE ROLE, AND USES THE NUMBNESS OF THE EGO TO TRY AND CURE. AND WHEN CIRCUMSTANCES ALLOW. ACTUALLY CURES. DO NOT BE MISTAKEN, WE ARE NOT TALKING HERE ABOUT A WONDER DRUG CURING ALL MENTAL DISEASES.FOR MANY OTHERS THE PICTURE WAS DIFFERENT BUT I TOLD MYSELF THAT NO MATTER HOW SMALL MY CHANCES FOR A CURE MAY BE, THEY ARE STILL MUCH BETTER NOW. ACTUALLY, IT SEEMS MY CHANCES FOR A CURE ARE BETTER THAN FOR OTHERS. ANALYSIS IS NOT NEW TO ME, AND I COULD PRODUCE MORE FROM WHAT WOULD BE REVEALED. THE PLANT, WHOSE USE IS CONSIDERED DANGEROUS (AND IS ILLEGAL IN A NUMBER OF COUNTRIES), AND IS NOT LEGAL IN GOVERNMENT SETTINGS, BUT THERE ARE PRIVET ELEMENTS AROUND THE WORLD THAT PROVIDE IT. I HAD FOUND ONE ABROAD, AND FLEW TO THE COUNTRY.

THE JOURNEY

THE JOURNEY ITSELF WAS VERY SHORT. INSTEAD OF THE EXPECTED FEW HOURS, IT LASTED ONLY A FEW MINUTES, AND STOPED ABRUPTLY.BUT EVEN THOSE FEW MINUTES WERE ENOUGH TO ENABLE ME TO REACH DEEP INTO THE ROOTS OF MY NEUROSIS. IN MY RELYING ON THE PROVIDER'S EXPERIENCE, I ASKED HER, IF POSSIBLE, TO ENABLE ME TO PENETRATE AS DEEP AS POSSIBLE INTO MY REMOTE PAST. IN RESPONSE SHE GAVE ME A GENEROUS AMOUNT OF THE PLANT ESSENCE, BIGGER THAN ACCEPTED IN OTHER PLACES. AFTER HALF AN HOUR I FELT A NEED TO LIE DOWN. I LAY IN BED AND WAITED. A FEELING OF STRONG NAUSEA APPEARED WITH THE SLIGHTEST MOVEMENT. I MUST LIE ON MY BACK AND NOT MOVE EVEN A MILLIMETER. OTHERWISE I WOULD THROW UP EVERYTHING. ONCE IN A WHILE I HEARD A LIGHT BUZZ, AND CONTINUED WAITING. SUDDENLY I FELT A STRONG PRESSURE IN THE BACK OF MY HEAD. AND BEFORE ME I SAW THE BACK OF MY HEAD, AND ON MY HAIR, A BEAUTIFUL COLORFULLY STRING OF LINES IN A WAVE MOVEMENT. POINTING FORWARD, FROM UNCONSCIOUS TO CONSCIOUS. I WAS DELIGHTED.HERE IT IS, I THOUGHT, ALL THE INFORMATION IS PASSING FROM THE UNCONSCIOUS TO THE CONSCIOUS, AND ALL I AM LEFT TO DO NOW IS TO SEE WHAT THE CONSCIOUS CONTAINS, AND IF NECESSARY, TO DO AN ANALYSIS AND TO FIND OUT WHAT IS SO DEEPLY HIDDEN. WHAT IS REFUSING TO GET OUT. SEVERAL VISIONS, DREAM PICTURES, APPEAR:

HERE I AM, WITH AN ELECTRONIC DEVICE IN MY HAND, SEARCHING IT AND THINKING TO MYSELF: IN WHAT NAME OF AN ANIMAL (PREDATORY) SHOULD I CALL MALKA? I MOVE RAPIDLY THE ANIMAL NAMES IN THE DEVICE SCREEN ONLY TO SEE THAT THERE ISN'T ANY. THERE IS NOT SUCH AN ANIMAL. THEN, WHILE HAVING A FEELING OF

URGENCY, THOUGHT TO MYSELF: IN WHAT NAME SHOULD I CALL HER? IN WHAT NAME? SUDDENLY A SIGN APPEARED IN FRONT OF MY EYES AND IN IT I SAW IN BIG LETTERS THE WORD:

MONSTER

ANOTHER PICTURE ARISES:

I AM IN MY MOTHER'S HOUSE LIVING ROOM, WITH MY MOTHER. THERE IS A SIGN ABOVE US, AND I AM SCREAMING AT MY MOTHER WITH ALL MY FORCE AND WITH ENORMOUS ANGER (AND PAIN TOO) WHAT IS WRITTEN ON THE SIGN:

WHY DID YOU GIVE ME TO

THE MONSTER (!!!)

PLEASE NOTE: THE NAME OF MALKA APPEARS DIRECTLY (NOT CAMOUFLAGED) AND IMMEDIATELY CONNECTED TO THE WORD MONSTER. THERE ISN'T ANY HIDDEN MEANING HERE THAT ONE CAN ARGUE ABOUT AND THEREFOR NO INTERPRETATION IS NEEDED. ALL IS DIRECTLY FROM THE UNCONSCIOUS: MALKA IS THE ABUSER! ACTUALLY, IF YOU DO LOOKING FOR HIDDEN MEANINGS, YOU CAN FIND IT IN THE WORD MONSTER, A WORD THAT HIDE BENEATH IT EVEN WORST THINGS THAN THE DREAMS HAVE SHOWN, BECAUSE, AS IT TURNS OUT, ALL THE TERRIBLE THINGS MALKA HAD DONE TO ME: THE PINCHINGS, THE HARD BEATING, THE SLAM AGAINST THE WALL, THE HORRIBLE DEATH ANXIETY SHE HAD CAUSED ME, AND MORE. THAT ALL THOSE THINGS WERE AFTER ALL NOT SO TERRIBLE AT ALL. IT TURNS OUT THAT MUCH WORST THINGS HAD HAPPENED, BECAUSE HERE IS ANOTHER VISION APPEARING:

IT IS DARK OUTSIDE. TWO FANCY CARS ARE PARKED BESIDE A KIOSK DOWN THE STREET. THEIR LIGHTS ARE PUT OUT BUT THE DRIVERS STAY IN... SHSHSH.... THEY ARE HIDING..... WHAT ARE THEY UP TO? ... SOMETHING BAD IS ABOUT TO HAPPEN.... THE VISION IS ACCOMPANIED BY A STRONG AFFECT AND I ALREADY KNOW WHAT IT IS ABOUT, BUT IT DOES NOT PREVENT THE APPROPRIATE ASSOCIATION TO APPEAR: A MOVIE I HAVE SEEN MANY YEARS AGO, ABOUT A SECRET GROUP OF RICH PEOPLE, PERVERTS, WHO ARE READY TO PAY A LOT OF MONEY TO THE PERSON WHO CAN SATISFY THEIR PERVERTS LUSTS. IN THE CASE OF THIS PARTICULAR MOVIE, PEOPLE WITH SPECIAL CHARACTERIZATION WERE CHOSEN, WHICH WOULD ENABLE THEM TO BE KILLED WITHOUT EXPOSING THE PARTICIPANTS IN THE ACT. LATER I ALSO REMEMBERED A DREAM WHICH I HAVE FAILED TO SOLVE: A LOUD PARTY, LOTS OF PEOPLE, AMONG THEM A BABY BEING SEXUALLY ABUSED.

YOU SEE, HERE THE WORD MONSTER FITS BETTER.YOU DO UNDERSTAND, RIGHT? IN EXCHANGE FOR MONEY, MALKA EXPOSED A HELPLESS INFANT TO ESPECIALY HARD (SEXUAL) ABUSE.MADE A "PARTY" FOR HIM(WITH REFRESHMENTS-SEE THE KIOSK).THE ASSOCIATION OF MURDER REFLECTS WELL THE FEELINGS OF HORROR THE BABY FELT WHEN SENSING THAT ANY MINUTE HIS LIFE WOULD BE TAKEN AWAY.

* OTHER BITS OF DATA AIMS AT ANOTHER POSSIBILITY, OF TWO PEOPLE ABUSING ME MANY TIMES (IN EXCHANGE FOR MONEY). BUT IT IS MORE PROBABLE THAT BOTH THINGS HAD HAPPENED, AND THE TWO "REGULAR" PARTICIPANTS (TO WHICH I HAVE CLUES AS TO THE IDENTITY OF ONE OF THEM- WHO IS NO LONGER ALIVE) ALSO JOINED THE TWO PARTIES.

AND NOW LET US TURN TO THE IMPLICATIONS:

BEFORE THE NEXT VISION, THERE IS THE NEED TO POINT OUT ANOTHER VISION, SOMEHOW DIFERENT FROM THE OTHER VISIONS. THIS VISION DID NOT STAND BY ITSELF IN THE SENSE THAT IT WAS REPLACED BY ANOTHER VISION. THIS VISION WAS WITH ME THROUGHOUT ALL THE OTHER VISIONS, USED AS A BACKGROUND:

FROM MY RIGHT SIDE I NOTICE SKULLS PASSING ME. THEY MOVED IN CONTINUOUS MOTION, ONE AFTER THE OTHER, AND HAD THREATENING SKULLISH MOVEMENTS, MEANING, THE FACES OF THE SKULLS WERE INCESSANTLY CHANGING IN A THREATENING WAY, WHILE WHEN PROGRESSING, THE "SKIN" ON THE SKULLS FACES IS PEELING AGAIN AND AGAIN.

INDEED, NOT A PARTICULARLY NICE VISION, BUT BESIDES A LIGHT SENSE OF DISCOMFORT, DID NOT ESPECIALLY BOTHER ME.

AND NOW TO THE NEXT VISION:

I SEE BEFORE ME A BIG EMPTY ROOM LOCATED IN A BASEMENT DEEP IN THE GROUND. IT'S STRUCTURE REMINDS ME OF A ROOM FIT THE ERA OF THE ANCIENT EGYPTIANS. BETWEEN THE TWO WALLS OF THE ROOM THERE ARE EMPTY SHELFS. FROM ONE WALL TO THE OTHER. THE PICTURE FOCUSES ON A MEDIUM SUITCASE TIED BENEATH A SHELF.IT IS VERY STRONGLY TIED. WITH MANY ROPES. AND ON THE SUITCASE MANY LOCKERS SURROUNDING IT. THERE IS NO WAY TO OPEN IT. THE MEANING COULD NOT BE CLEARER: THIS YOU MUST NOT TOUCH. NO ENTRANCE! DO NOT EVEN TRY! STAY **AWAY!** AND HERE I AM, AS IF TO TEASE, STRETCH OUT MY HAND, HOLDING THE SUITCASE AND JIGGLE IT A BIT, FEELING THE SHADOWS INSIDE. THE ANSWER WAS QUICK TO COME: THE SUITCASE, NOW VERY CLOSE TO MY FACE, WAS IMMEDIATELY COVERED BY IRON CAGES, ONE AFTER THE OTHER, WITH ADDITIONAL WARNING AFFECT*, AS IF SAYING TO ME: IT SEEMS YOU DID NOT UNDERSTAND. THIS YOU MUST NOT TOUCH!! NEVER!! STAY AWAY LIKE IT WAS FIRE!! SUDDENLY THE CURTAIN GOES DOWN. EVERYTHING IS BLACK. NO MORE VISIONS.

*THIS ADDITIONAL WARNING AFFECT WAS NOT UNDERSTANDABLE TO ME, AND AT THE TIME OF THE VISION I FOUND MYSELF BLINKING MY EYES. I DROPPED THE SUBJECT ONLY TO REALIZE AFTER A FEW DAYS WHAT IT WAS. IT BECAME CLEAR TO ME THAT I EXPECTED TO SEE SOMEONE WARNING ME.A FACE WAS MISSING, AND THE BLINKING OF THE EYES ACTED AS A SUBSTITUTE FOR A FACE, TO CREATE THE WARNING AFFECT.

A THOUGHT CAME TO MIND: ISN'T THIS SITUATION-A WARNING COMING FROM A FACELESS FIGURE-REMINDS... GOD? YOU KNOW, THE ONE WHO IS NOT SEEN BUT CONTROLS OUR DESTINY, KNOWS EVERYTHING ABOUT US, AND ALSO, AMONG OTHER THINGS, PROTECT US? COULD IT BE THAT GOD IS NOTHING MORE THAN A PROJECTION OF OUR UNCONSCIOUS (IN THE ASSUMPTION THAT THE CONSCIOUS AND THE UNCONSCIOUS ARE SEPARATE ENTITIES)? WOULD NOT IT BE NICE TO FIND OUT THAT ALL THOSE YEARS WE WERE IN FACT PRAYING TO... OURSELVES? THE ACCEPTANCE OF THIS IDEA WILL ALSO LET US UNDERSTAND MORE THE STRENGTH OF BELIEF IN OUR

CULTURE.WE FEEL WELL THE EXISTENCE OF THE UNCONSCIOUS.YOU CAN NOT DENY IT. IT IS PART OF US!

I CONTINUE TO BE UNDER THE PLANT INFLUENCE IN THE PHYSICAL REALM, WHEN I AM UNABLE TO MOVE FOR ANOTHER DAY, WHEN THERE IS NOTHING REMAINING FOR ME TO DO BUT TO STARE AT THE DARK IN THE ROOM AND TO CONTEMPLATE ABOUT WHAT I HAVE SEEN. WELL, WHAT HAVE I SEEN? WHAT IS THE ROOM? WHAT IS THE MEANING OF THE SUITCASE AND WHAT IS INSIDE IT? AND WHY IS IT SO DANGEROUS TO TOUCH?

THE SOLUTION WAS QUICK. FIRST, A ROOM DEEP IN THE GROUND IS A COMMON SIMBOL FOR THE UNCONSCIOUS. HENCE, THE CONTENT OF THE ROOM IS THE CONTENT OF THE UNCONSCIOUS. AND THAN I THOUGHT TO MYSELF: WHY IS THE SUITCASE TIED BENEATH THE SHELF? WHY NOT SIMPLY ON IT? IT IS OBVIOUS THAT THE PURPOSE IS HIDING, BUT FROM WHOM? FROM ME? FROM THE EGO IN THE CONSCIOUS? BUT IT DOES NOT MAKE ANY SENSE. FIRST OF ALL, BECAUSE THERE IS NO NEED. IN ANY CASE I DO NOT KNOW WHAT IS INSIDE THE UNCONSCIOUS.IT IS HIS JOB, AMONG OTHER THINGS, TO HIDE FROM ME THE THINGS I CANNOT DEAL WITH, TO PROTECT ME. AND SECONDLY, IN THE VISION THE PICTURE WAS ACTUALLY FOCUSING ON THE SUITCASE, IN FACT WAS LOOKING FOR MY ATTENTION. THE ONLY OPTION LEFT IS THAT THE UNCONSCIOUS HIDE THE SUITCASE FROM HIMSELF! THE UNCONSCIOUS IS AFRAID! THE UNCONSCIOUS IS AFRAID FROM SOMETHING LOCATED IN HIS OWN HOUSE, THE ONE HE IS IN CHARGE OF! BUT WHAT IS INSIDE THE SUITCASE THAT THE UNCONSCIOUS IS AFRAID OF? IT IS KNOWN THAT THE MOST TERRIFYING THINGS, MOST FRIGHTENING TO THE EGO, ARE IN THE UNCONSCIOUS.AGAIN, IT IS PART OF HIS JOB. SO WHAT IS THE THING THAT IS MORE TERRIBLE FROM ALL THE OTHER TERRIBLE

THINGS IN THE UNCONSCIOUS? WHAT IS THE THING THE UNCONSCIOUS IS SO AFRAID OF?

A QUICK THOUGHT, WHICH INCLUDED THE SKULLS VISION, BROUGHT ME TO THE ONLY POSSIBLE ANSWER: **DEATH. THE UNCONSCIOUS**IS AFRAID OF DEATH! IT BECAME EVIDENT, THAT WHEN THE MATERIAL WAS PASSING THROUGH FROM THE UNCONSCIOUS TO THE CONSCIOUS, AS THE REST OF THE MATERIAL SO WAS ALSO THE CONTENT OF THE SUITCASE, AND DEATH STARTED TO APPEAR (THE SKULLS VISION). THE UNCONSCIOUS GOT SCARED, AND RAPIDLY DREW IT BACK FROM THE CONSCIOUS, "TIED" IT IN THE UNCONSCIOUS, AND SHOWED ME: THIS YOU MUST NOT TOUCH! IT IS DEATH! AND IN OTHER WORDS: DEATH IS IN THE SUITCASE. IF YOU OPEN IT, DEATH YOU SHALL MEET!

BY STOPPING THE VISIONS THE UNCONSCIOUS PROTECTED ME, SAVED MY LIFE (OUR LIVES)-STOPPED DEATH FROM COMING.

ONE MIGHT ASK, HOW EXACTLY DEATH WOULD HAVE ARRIVED?

WELL, PROBABLY AFTER A FEW MINUTES THE SKULLS WOULD HAVE CHANGED DIRECTION, TO THE FRONT, AGAINST MY FACE. THEIR MOVEMENTS WOULD BECOME MORE THREATENING, EXPOSING SHARP TEETHS. AFTERWARDS THE SKULLS WOULD HAVE BECOME MORE MONSTROUS, SUPPOSEDLY TRYING TO BITE ME. AND LATER I IMAGINE KIND OF SHADOWS PASSING THROUGH FROM SIDE TO SIDE.

AFTERWARDS I DO NOT KNOW. BUT DO NOT BE MISTAKEN. THE SENSE OF DISCOMFORT WOULD HAVE CHANGED INTO GRADUALLY INCREASING ANXIETY, AND WOULD HAVE REACHED PURE HORROR. I WAS EXPECTING A JOURNEY OF HORROR. I WAS TO BE EATEN TO DEATH BY ANXIETY*.

* THE ABOVE EXPLANATION, STEMMING DIRECTLY FROM THE DREAM PICTURES, WHICH ATTRIBUTES EGO AND FEELINGS TO THE UNCONSCIOUS, DOES NOT BELONG TO THE DOMINATING THEORY ABOUT THE MENTAL APPARATUS. ALSO, THE HEALING AND DEFENCE CAPABILITIES ATTRIBUTE TO THE UNCONSCIOUS ARE NOT AMONG THE CONVENTIONAL. BUT IT IS NOT THE

FIRST TIME I CAME UP AGAINST SOME OF THESE QUALITIES OF THE UNCONSCIOUS. ESPECIALLY I REMEMBER TWO MAJOR TIMES WHEN HE CAME TO MY AID: THE FIRST TIME HE HELPED ME RECONSTRUCT AN INCIDENT FROM EARLY AGE, AND RELEASED ME FROM TERRIBLE ANXIETY, PREDATORY (INTROJECTION OF MALKA) THAT WAS WITH ME CONTINUOUSLY FOR MANY YEARS, LEAVING ME WITH "REGULAR" ANXIETY. THE SECOND TIME, WHILE USING STRATEGY MEANT FOR DECEIVING ME-THE EGO IN THE CONSCIOUS SYSTEM-BROUGHT ME TO A SITUATION THAT CAUSED ME GREAT ANXIETY, MEASURED, THE MAXIMUM I COULD TOLERATE FOR LIMITED TIME, AND BY THAT RELEASED ME FROM REPRESSED LIBIDO, SO THAT FOR THE FIRST TIME IN MY LIFE, AT THE AGE OF 35, THE URGE, THE NEED TO GO TO WORK WAS CREATED IN ME.

BUT THIS HELP WAS NOT AN UNUSUAL THING. I REMEMBER IT BECAUSE OF THE ENORMOUS RELIEF IT CREATED IN ME.BUT WE CAN ALSO FIND IT EACH DAY, WHEN WE SOLVE OUR DREAMS.WITH ME I FOUND THAT SOLVING MY DREAMS IS EASIER THAN SOLVING OTHER'S DREAMS. ALSO IN WRITINGS WE CAN SEE CASES IN WHICH THE THERAPIST IS AT LOST, AND THE PATIENT IS THE ONE SHOWING THE WAY TO A SOLUTION.THE UNCONSCIOUS FULFILLS IT'S JOB WITH EVERYBODY, AND IF WITH OTHERS THE CASE IS THE OPPOSITE, IT IS BECAUSE OF THE STRONGER RESISTANCE OF THE UNCONSCIOUS PART OF THE EGO IN THEIR CONSCIOUS SYSTEM(A THING LEADING TO THE THOUGHT THAT SMART PEOPLE ARE,AMONG OTHER THINGS,THOSE WHO ENABLE MORE OF THEIR UNCONSCIOUS ACTIVITY TO REACH THE CONSCIOUS SYSTEM).

BUT UNDERSTANDING THE UNCONSCIOUS IN THIS NEW PUZZLING WAY IS NOT MY DISCOVERY.MORE THAN THAT, IT IS VERY QUESTIONABLE IF I HAD THE COURAGE TO RECOGNIZE IT IF I HAD NOT READ ABOUT IT ELSEWHERE (SEE THE WRITINGS OF ROBERT LANGS, M.D ON THE STRUCTURE OF THE MENTAL APPARATUS, DEATH ANXIETY AND MORE) IT IS WRITTEN THERE ON TWO SEPARATE SYSTEMS, THE UNCONSCIOUS SYSTEM AND THE CONSCIOUS SYSTEM, WHERE EACH OF THEM HAS EGO, SUPEREGO AND ID OF IT'S OWN, A THING SUITED TO THE CONCLUSIONS OF THIS ARTICLE.

DO YOU UNDERSTAND? THE "SUITCASE" WHICH THE PATHOLOGICAL MATERIAL IS IN, WHICH IS SUPPOSED TO PASS TO THE CONSCIOUS SYSTEM (IN CERTAIN DISGUISE) AND TO BE PROCESSED, CONTAINS DEATH*, AND WILL LEAD TO MY DEATH. MY UNCONSCIOUS, AFTER PUSHING IT TO IT'S LIMIT, IS SAYING TO ME, AGAIN: THERE IS NO WAY FOR A COMPLETE CURE. YOU HAVE REACHED YOUR LIMIT. I HAVE SHOWED YOU THE MAIN SOURCE FOR YOUR PROBLEMS, IT IS THE TWO PARTIES. DO NOT TRY ANYMORE! STAY THE WAY YOU ARE. **

*IT IS DEATH IN THE FORM OF AFFECT. HERE THE EXPERIENCE OF THE MEMORY REPLACED THE MEMORY

** IT NOW BECOMES THE SECOND TIME THE UNCONSCIOUS WARNS ME BY SAYING: NO MORE! IF BEFORE THE JOURNEY IT WAS HINTED, THIS TIME IT IS MUCH MORE CLEAR AND UNAMBIGUOUS.

BUT AFTER THE JOURNEY I HAVE DISCOVERED A THIRD TIME. IN THE HOSPITAL DREAM. IN THIS DREAM WE REMEMBER THE SOLUTION IN THE CONTEXT OF A NANY ABUSING A BABY. BUT ONE PICTURE IN THIS DREAM CONTINUED TO BOTHER ME. IT WAS THE PICTURE OF A TIGER TURNING INTO A WOMAN. THE LOSS OF MANHOOD WAS NOT A NEW SUBJECT TO ME, I HAVE ALREADY MET IT BEFORE, AND THE TURNING OF A TIGER INTO A WOMAN POINTED OUT TO ME THAT THERE WAS ANOTHER SOLUTION WAITING TO BE FOUND. BUT THIS SUBJECT ALWAYS STIRRED UP WITHIN ME STRONG RESISTANCE, AND A SOLUTION INTRODUCING THIS SUBJECT INTO IT ESCAPED ME.

THERE WAS A NEED TO FIND ANOTHER CONTEXT. TIME HAD PAST, THE RESISTANCE DECREASED, AND THE CONTEXT WAS FOUND.

I THOUGHT TO MYSELF THIS:

IF MY ASSUMPTION IS CORRECT, AND THE TIGER TURNING INTO A WOMAN ALSO REPRESENTS ME, THEN BY ME ENTERING INTO THE HOSPITAL I AM TRYING TO CURE MYSELF-EXACTLY AS I AM DOING WHEN PERFORMING MY SELF-ANALYSIS. AND NOW, IN THIS CONTEXT OF SELF CURING, A SOLUTION COULD BE SEEN ALMOST IMMEDIATELY:

A GRAVE ATTACK INFLICTED ON ME CAUSED ME TO LOSE MY MANHOOD (SEE ALSO THE PLAY-PEN DREAM, WHERE IT IS HINTED, AND THE DAY DREAM-WHERE IT IS EXPRESSED-BOTH IN THE CONTEXT OF A NANNY ABUSING A BABY). MY ENTERING INTO HOSPITAL IS ME TRYING TO CURE MYSELF, TO GET MY MANHOOD BACK.

THE LITTLE BABY I AM CARYING ON MY SHOULDER IS THE LITTLE ME, THE SICK ONE. WHICH THE BIG ME IS TRYING TO CURE.

THE WOMAN HOLDING A PRAM IS ALSO ME (AGAIN, IN A FIGURE OF A WOMAN) AND SO IS THE BABY IN THE PRAM, AT A BIGGER AGE, AT THE AGE I HAVE SUCCEEDED TO REACH IN MY ANALYSIS ANDTO TAKE CARE OF MYSELF. NOW IT IS TIME TO PENETRATE INFANCY, TO THE AGE I WAS UNDER MALKA'S CARE- A THING EXPRESSED IN THE DREAM BY ME CONTINUING INSIDE (AND IN REALITY, BY PREPARING MYSELF TO USE IBOGAIN). MY SHOUTING IN THE DREAM TO THE WOMAN IS THE SHOUTING OF THE UNCONSCIOUS TO THE EGO, WARNING HIM NOT TO CONTINUE INSIDE-NOT TO TAKE IBOGAIN-WHERE HE IS EXPECTED TO BE DEVOURED, TO BE EATEN TO DEATH BY ANXIETY. BUT THE EGO DOES NOT LISTEN(LEANING TOWARDS THE BABY,CONTINUING TAKING CARE OF HIS LITTLE SELF),AND CONTINUING INSIDE.

NOW WE CAN UNDERSTAND. BEFORE THE JOURNEY THE EGO REFUSED TO SEE THE WARNING OF THE UNCONSCIOUS(TO UNDERSTAND THE DREAM). THE MEANING OF SEEING IT WAS TO RELINQUISH IN ADVANCE HIS MANHOOD. THE EGO WOULD NOT RELINQUISH HIS MANHOOD WHICH WAS TAKEN FROM HIM BY FORCE. HE MUST TRY TO GET IT BACK, AT ANY COST, EVEN AT THE COST OF HIS LIFE.

SOLVING THE DREAM IN THIS CONTEXT, AT A STAGE BEFORE THE JOURNEY, WOULD HAVE PREVENTED THE JOURNEY FROM HAPPENING.I WOULD HAVE SEEN THAT DEATH AWAITS ME. BUT AT THE SAME TIME THE DREAM ALSO SHOWS THE WAY I AM ABOUT TO GO -WHICH EVENTUALLY I DO- I ENTER THE HOSPITAL, TO A PLACE IN WHICH I AM SUPPOSE TO BE DEVOURED AND DIE. AND IN REALITY, TAKING IBOGAIN.WE CAN SEE THAT **THE COURSE WAS SET IN ADVANCE.**

IT SEEMS THAT THE INTENSITY OF THE ABUSE, THE DURATION OF THE ABUSE AND THE VERY EARLY AGE THE ABUSE HAD HAPPENED, MAKES A CURE IN MY CASE IMPOSSIBLE. EVEN MY BENEVOLENT UNCONSCIOUS, THE BEST DOCTOR OF ALL, CANNOT HELP. I HAVE REMAINED WITH ENORMOUS DEATH ANXIETY PLANTED STRONGLY IN MY UNCONSCIOUS, LIMITING ME WHEREVER I GO.IT IS THIS DEATH ANXIETY THAT I FEEL, AMONG OTHER THINGS, WHEN I GET IN CLOSE CONTACT WITH OTHER PEOPLE, AND IT IS THIS ANXIETY THAT KEEPS ME AWAY.*

* THE OUESTION NOW ARISES: IF THE EXPERIENCES WERE SO HORRIBLE TO THE EXTENT THAT THE AFFECT CONNECTED TO THEM WOULD BRING MY DEMISE (WHEN USING IBOGAINE) HOW COME IT DID NOT AT THE TIME OF THE ACTUAL HAPPENINGS, AS AN INFANT? WE CAN CONCLUDE AND SAY THAT VERY EARLY CHILDHOOD EXPERIENCES GET'S ADITIONAL FORCE, BUT WOULD'T IT BE BETTER IF WE COULD FIND SOMETHING THAT WOULD ENABLE US TO EXPLAIN IT FROM OUR FINDINGS SO FAR? IS THERE ANYTHING? WE HAVE SEEN IT BEFORE. IN THE GHOST DREAM, THERE THE SOUL DETACHED FROM THE BODY AS A PROTECTIVE MEASURE, TO STOP EXPERIENCING WHAT COULD NOT BE EXPERIENCED ANY MORE (IN THE CONTEXT OF A NANNY ABUSING A BABY).BUT WE ALSO KNOW THAT THERE WERE EVEN WORSE EXPERIENCES (SEE THE RESTAURANT DREAM), OF SEXUAL NATURE (THE "PARTY"), AND TO THOSE EXPERIENCES WE SHOULD FIRSTLY ATTRIBUTE THE APPEARANCE OF DEATH. IN ORDER TO ATTRIBUTE THE GHOST DREAM TO THESE EXPERIENCES (AND BY THAT TO ADD ANOTHER SOLUTION TO THIS DREAM). A CONTEXT OF SEXUAL ABUSE SHOULD BE PUT IN FRONT. AND A SOLUTION WILL FOLLOW ACCORDINGLY.

IF AFTER MY MOTHER'S REMARK I THOUGHT MORE IN THE DIRECTION OF ABUSE STEMMING MAINLY FROM WISHING FOR QUIET WHILE SUPERVISING, MEANING MORE TO THE DIRECTION OF

NEGLIGENCE, AFTER THE DREAM ANALYSIS AND THE OUTCOME STEMMING FROM USING IBOGAIN, A COMPLETELY DIFFERENT PICTURE ARISES. IT WAS NOT A "REGULAR" ABUSE. IT WAS A TRULY SADISTIC ABUSE, ESPECIALLY VICIOUS, BY A TOTALLY DISTURBED WOMAN. THE SADISM SHOWN BY MALKA WHILE ABUSING (THE PLEASURE), AND IN ADDITION, THE CONNECTION TO PERVERTS DRAWING PLEASURE FROM SEXUAL ABUSE IN A DEFENSELESS BABY, MAKES MALKA A POSSIBLE PARTNER TO THIS KIND OF GROUP, MEANING, I FELL INTO HER HANDS AS A GIFT, ALL HER DREAMS CAME TRUE. THERE COULD NOT BE ANY WORST CHOICE IN A NANNY. FROM ALL THE NANNIES IN THE WORLD, SPECIFICALLY HER?

ONE LAST THING. THIS NEUROSIS, CHARACTERIZED BY IT'S
CONSIDERABLE SEVERITY, DOES NOT LEAVE MUCH CHANCE TO THE
PERSON WHO HAS IT. THE STRENGTH THE SPIRIT NEEDS TO COPE WITH
THE DESEASE (THE SYMPTOMS) AND IT'S RAMIFICATION ON THE
PHISICAL SIDE, USUALLY LEADS TO PREMATURE DEATH(AS ALMOST
HAPPENED TO ME) AND AT BEST LEADS TO LIVING IN SOLITUDE
ACCOMPANIED WITH MUCH MENTAL SUFFERING.
BUT IN SPITE OF EVERYTHING, AND AGAINST ALL CHANCES, I HAVE
MANAGED TO OVERCOME MANY OBSTACLES AND SUCCEEDED TO
CREATE A FAMILY CELL FOR MYSELF. MY BABY WAS BORN. SHE IS
BEING RAISED WITH LOTS OF LOVE, SHE IS VERY SWEET AND FULL OF
CONFIDENCE AND JOY. BUT HOW BADLY SURPRISED I WAS WHEN ONE
DAY I SAW ON HER A SKIN DISEASE, EXACTLY AS THE ONE I HAD!*

*AT A CERTAIN POINT IN MY NEUROSIS (WHEN THINGS BEGUN TO IMPROVE CONSIDERABLY) A SKIN DISEASE APPEARED, BUT NOT AS THE OTHER SKIN DISEASES KNOWN TO ME, THIS ONE HAD A SPECIAL CHARACTERIZATION.IT STARTED WITH A STINGING SENSATION, LIKE IF BEING PRICKED BY A NEEDLE. WHEN LOOKING AT THE PLACE,I COULD SEE A HEIGHTENED PART OF THE SKIN,SOMEWHAT COARSE,AND A STRONG NEED TO SCRATCH APPEARED.THE NEXT PHASE WAS THIS "WOUND" GROWING IN DIAMETER.IT SEEMED IT COULD GROW ENDLESSLY, SPREAD ALL OVER THE AREA. BUT IT WAS NOT RESTRICTED TO ONE AREA. THE SAME HAD HAPPENED ALL OVER MY BODY AND CONSTITUTED A CONSTANT NUISANCE.

IT WAS OBVIOUS TO ME IT HAD A MENTAL BASE, BUT AT THE TIME I COULD NOT FIGURE IT OUT. ONLY LATER IT BECAME CLEAR TO ME IT REPRESENTED

IT WAS AS IF MY BABY HAD BEEN ABUSED HERSELF!
IT HAD PASSED THROUGH GENETICS!(A CONCLUSION WHICH FITS THE FINDINGS OF A RECENT RESEARCH I HAVE HEARD OF, WHICH CLAIMS THAT EXPERIENCES IN VERY EARLY CHILDHOOD CHANGE THE D.N.A)

MY BABY IS PREDISPOSED TO NEUROSIS!

MALKA'S PINCHINGS.

SO YOU SEE, IT DOES NOT END WITH ME. MY COMING GENERATIONS WERE MARKED TOO.

NOTHING IS LEFT TO DO BUT TO HOPE THAT A LOVING UPBRINGING WILL PROTECT MY BABY FROM MEETING THIS FATE.

A LITTLE MORE THAN A YEAR PASSED SINCE I TOOK IBOGAINE.
THINGS HAD BEEN INTERPRETED AND TAKEN IN AND ADDITIONAL
RELIEF WAS FELT. BUT I WAS SURPRISED ONE MORNING WHILE
GETTING OUT OF BED.A DREAM PICTURE REVEALED TO ME, A VISION.
IT'S CLARITY, SIMPLICITY AND THE AFFECTS CONNECTED TO IT WHICH
DON'T LEAVE ROOM FOR MISTAKES LEAVE NO CHOICE BUT ONE-IT IS
IBOGAINE SHOWING IT'S EFFECT AGAIN.

THE VISION STIRRED UP IN ME STRONG RESISTANCE AND I "DRAGGED" THE TIME UNTIL SOLUTION, BUT PART OF THE PICTURE WAS LEFT ENGRAVED IN MEMORY:

A VICIOUS DOG IS SITTING, WAITING.

SOLUTION: IT IS DEATH, IT IS WAITING FOR ME,MY TIME WILL COME(VICIOUSLY),BUT THERE IS STILL TIME.

THE AFFECTS THAT ESCORTED THE VISION CREATED IN ME A STRANGE FEELING.SOMTHING WAS NOT RIGHT, AND IT TOOK ME SEVERAL DAYS TO TAKE IN AND UNDERSTAND: **DEATH PLAYS AN ACTIVE ROLE!**IT IS NOT PASSIVE. DEATH WILL DECIDE WHEN TO COME.IT IS THE STRONGEST AND NOTHING CAN ESCAPE(THE ANGEL OF DEATH COMING TO TAKE US IS A GOOD REFLECTION OF THIS SITUATION).

IT IS THE DEATH INSTINCT FRUED WAS TALKING ABOUT! IN MY CASE IT WAS OVERLY DEVELOPED-TO IT'S MOST VICIOUS FORM (BY REPEATING DEATH ANXIETY).*

*I CAN MENTION A MOVIE ON THE SUBJECT-"GREMLINS".THERE IS A
DESCRIPTION OF A LITTLE CREATURE, NOT HARMING WHO LIVES IN PEACE
WITH IT'S OWNER, BUT IF ONE BREAKS CERTAIN RULES, THE INNOCENT
CREATURE IS TRANSFORMED INTO THE MOST VICIOUS ONE.
I CAN REMEMBER TWO RULES:

- 1. IT IS FORBIDDEN TO FEED IT AFTER MIDNIGHT (SHOULD BE: NOT FEED IT WITH ANXIETY)
- 2. DO NOT LET IT BE IN CONTACT WITH WATER-LEST IT WILL PROCREATE (COMES TO SHOW THE GROWING OF THE INSTINCT,IT'S DEVELOPMENT).