

6 Months to Live, 10 Years Later: An Extraordinary Healing Journey and Guide to Well Being.

By Suzanna Marcus

ISBN: 978-965-91127-1-5

www.youtube.com/watch?v=GeJk20r5MIM

Book review by

Robert Millett, 'HEALING TODAY MAGAZINE'. UK.
December 2008 issue.

When Suzanna Marcus was diagnosed with Cancer she was given only 6 months to live. Conventional wisdom urged her to 'wage war' upon the disease. Instead the author looked within and strived to make peace; both with herself and with her past. The end result is a candid, involving and incredible true story.

In the first part of the book Suzanna shares her traumatic experiences of violence, loss and betrayal. In doing so she clearly illustrates how the seeds of suppressed pain, guilt and fear are able to take root within the body. The second part of the book reveals the tools and techniques the author utilized to facilitate her remarkable recovery. These include some marvelous, easy-to-follow meditations, useful dietary details and a wealth of insightful advice. This book is a wonderful resource and emphasizes the importance of living in the present and staying true to yourself. Suzanna's story will inspire and empower anyone who is seeking to improve their health.

Product Description of the book

Herein is a How To realize your full potential of a healthy happy vital life, written by a woman who has been there and done it. The story that unfolds contains the entire spectrum of human drama; from, abuse, betrayal, tragedy, loss, and finally cancer, to awakening, Enlightenment, Transformation and Healing. This book is more than a riveting memoir, it is also rich with teachings on many different levels. A practical guide not only for those who

face life challenges in health, relationships, work, or faith, but also for those who are well and want to remain so. Suzanna takes us through her story to the path of Well Being with the knowledge and experience she has gained as spiritual healer and teacher of transformation for over 20 years, together with her own very personal journey.

About the author

Suzanna Marcus is a Spiritual Teacher, energy healer and author, who travels the globe leading individuals and groups in meditation and transformation. She has been in a holistic private practice, teaching and embracing individuals and groups since the 1980 s. Her experience is a culmination of extensive training in Spiritual healing, alternative medicine, counseling, mystics and the fine arts. This background has provided Suzanna with particular gifts, offering others a unique healing experience. Suzanna is dedicated to raising levels of consciousness. She awakens us to the path of creative divinity which exists within each one of us connecting us to our full potential.

Foreword by Muhammad Ali

I was drawn to this heroic journey because it is a story that transcends race, color, gender and religion, and because I admire Suzanna's courage.

Like me, Suzanna has faced challenges and adversity in her life. And, like myself, she has overcome the struggles that life brings and found peace and happiness in living each day to its fullest. That, in itself, is a rare goal many of us never achieve. Her journey illuminates the path for all who dare to surrender to what is true.

Suzanna's book gives us the insight into one woman's life and the powerful lessons she was willing to accept. Suzanna moves through her fragile existence and healing experiences to a new life as a whole and healthy being. Her words guide us to a spiritual place of inner freedom that exists within each one of us, if we have the courage to look deep within.

I encourage all to read Suzanna's words with an open mind and an open heart. Healing on all levels

is possible, bringing peace and harmony to the mind, body, and spirit.

As you move through this human, yet spiritual experience, allow Suzanna's healing journey to become your own.

Muhammad Ali
Berrien Springs. USA

What people are saying about *6 Months to Live 10 Years Later: An Extraordinary Healing Journey and Guide to Well Being*.

"A gleaming jewel of a book spanning continents, cultures, and many lives lived in just one lifetime. "6 Months to Live 10 Years Later", offers a miraculous journey from hell to wholeness, and a 'how to be reborn when you are dying.' A must read.

Rosy Shuster; Los Angeles, CA, USA. Writer, Two time Emmy Award for Saturday Night Live, USA.

"The honesty and courage in this book shine through every page. Suzanna instils hope, that it is possible to deal directly with all kinds of adversity".

—Karen Alkalay-Gut, Tel Aviv, Israel

Senior lecturer, Department of English Literature, Tel Aviv University,

Author and poet:

“Everyone should read this inspiring book, written by a beautiful and courageous woman. Suzanna points the way to light.”

—Letha Hadady, author: *The Complete Guide to Asian Herbal Medicine*; New York, USA

“Suzanna is a wise and sensitive woman. ‘6 months to live’ reflects the wisdom of a life spent courageously grappling with all the major existential issues. Her book is a true inspiration.”

**-ERIC MOSS, PhD, TEL AVIV. SENIOR CLINICAL PSYCHOLOGIST
SECRETARY, ISRAEL ASSOCIATION OF PSYCHOTHERAPY**

“6 months to live 10 years later” is a must for everyone living in today's modern world. We all allow ourselves today to be victims of interpersonal and environmental ecology, becoming increasingly more polluted by the day. This book gives us the inspiration to think for ourselves and take wise action.”

**-Dalek Wolinitz, Israel. Actor/Producer TV Health talk show. Chairman of
Organization for Organic Produce, Israel**

For patients, Cancer signifies a death sentence of misery and suffering. For physicians, Cancer connotes fear, a disease you don't want to miss, one that means the end of the road." 6 months to live" goes against conventional advice, the story of a brave woman who stood against all odds in a journey that few dare to take. Doctors and patients alike should be aware of a patient's option to take charge of her life, and to decide her own options from an environment of total chaos.

As a family physician and educator who integrates complementary medicine, up until a few years ago it was taboo to mix complementary and traditional medicine with cancer patients.

Suzanna's journey forced me to open my eyes. Her journey changed my outlook and my approach to cancer and its treatment.

"6 months to live 10 years later " opens a window into a very personal individual journey that can be thought provoking for anyone confronting cancer —patient, family member, friend, or the professional who is treating the disease

—Dr. Moshe Frenkel, MD

Associate Professor, Medical Director

Department of Integrative Medicine for Cancer

MD Anderson Cancer Center: Houston, Texas, USA

Suzanna is a woman of great integrity and courage. “6 months to live 10 years later,” is a powerful call to all of us to stay alert and responsible, and at all levels of our being. Its strength lies not in advocating any one method of treatment, but in showing us the crucial importance of making our own, informed choice. At this time in the world the need for personal, corporate and collective responsibility, at all levels, has never been stronger. Suzanna’s book stands clearly and strongly in the growing wave of that call.”

—Nicholas Janni, Bedford, UK

Visiting Fellow, Cranfield School of Management;
Associate Director, Olivier Mythodrama Associates;
Author with Richard Olivier.

Here is a woman who walks her talk and inspires within us our connection to the 'Divine Feminine.' Thank you, Suzanna, for being our messenger, for reminding us to become intimate with the genius of our own bodies, to integrate the wisdom of our hearts, and of our intellectual understanding. Your book is graced, and a guide to all of us as we stand on the threshold of a New World.

—Mary Aver, UK

Organizational Consultant. Visiting lecturer at Cranfield School of Management.UK.

Seer. Healer

This book is an inspiration for all. It shows how finding your levels of self-empowerment can provide the motivation to take control of your life and make your choices for your own future. Suzanna Marcus has applied some of the principles of her own training as a healer, 'physician, heal thyself.' We know first-hand the guts it took for Suzanna to be where she is now. We both admire Suzanna's 100-percent dedication to the unorthodox and unique journey that she has chosen to take. What faith!

—Ann and Tony Neate, Malvern, UK

Retired Principals and Co-founders

College of Healing, England

Founders of the College of Channelling, UK.

Author:

"A SEARLINGLY HONEST ACCOUNT OF ONE WOMAN'S BRAVE REFUSAL TO GIVE UP OR TO GIVE IN."

-YANKY FACHLER, IRELAND. MOTIVATIONAL SPEAKER.

AUTHOR OF *FIRE IN THE BELLY*

10 years ago, I had the privilege of meeting the true, tall and majestic looking Suzanna, she reminds me that the person with the illness is the healer by showing everybody how to live and love despite afflictions. Today, in times of personal agony and physical pain I think of Suzanna standing tall and courageously on a mountain top, her long hair blowing in the desert wind, and my will to a speedy recovery is immediately boosted. My image of Suzanna serves as a reminder that it is my duty to maintain, and with great love and tenderness, my body that is entrusted to me as a temple.

Suzanna's is a gift and inspiration to everyone. Her voice of guidance and transformation deserves to be heard around the globe.

—Mike Fliederbaum, USA/Israel/Europe
International Businessman.

“Suzanna’s book offers hope, understanding, and practical inspiration to balance the higher and lower purpose through understanding. It is the key to the lock of reflective knowledge within, a lock that can be opened, used, and understood.”

—David Cousins, Wales

Spiritual Master, Mystic, Healer, and lecturer.

Author: A Handbook for Light Workers

“Courageous, witty, challenging, gripping, and transforming. Suzanna is a shining beacon in this world.”

-Jeanette McKenzie, UK. Living Alchemy facilitator, Linguist

web page:
www.open-doorways.com