



FREQUENCY WEAPONS ARE REAL!

THE USE OF MILITARY 'NON - LETHAL' WEAPONS UPON SOCIETY TOWARD SOCIAL CONTROL

Remotely Operated Electromagnetic Frequency Weapons, Using Microwave, ELF and Acoustic Frequency are being used to covertly attack innocent individuals and society en-masse toward:

**●REMOTE MIND CONTROL EXPERIMENTATION TOWARD SOCIAL CONTROL ●
ASSASSINATION**

The use of frequency weapons upon humans toward behavioural control and murder is not new.

For well over 50 years, Neuro-electromagnetic Frequency Weapons have been perfected by their covert use in warfare.

These 'non-lethal' or 'silent' weapons, as they are known in the trade, have also been perfected by experimenting on an innocent and unsuspecting public since their early development.

Presently, thousands of individuals, from all walks of life, are claiming that they have become targets of assault and attempted murder by our Masonic secret government agencies and police hierarchy via the use of these weapons.

FORCED MEMORY BLANKING AND INDUCED ERRONEOUS ACTIONS

INDUCED CHANGES TO HEARING - BOTH APPARENT DIRECTION AND VOLUME, AND SOMETIMES EVEN CONTENT

SUDDEN, VIOLENT ITCHING INSIDE EYELIDS

FORCED MANIPULATION OF AIRWAYS, INCLUDING EXTERNALLY CONTROLLED FORCED **SPEECH**

WILDLY RACING HEART WITHOUT CAUSE

REMOTELY INDUCED VIOLENT NO-RASH ITCHING, WITH PREFERENCE FOR HARD-TO-REACH AREAS, OFTEN DURING DELICATE OR MESSY WORK

FORCED NUDGING OF ARM DURING DELICATE OR MESSY WORK, CAUSING INJURY OR SPILLS

SPECIAL ATTENTION TO GENITAL AREA: ITCHING, FORCED ORGASM, INTENSE PAIN

INTENSE GENERAL PAIN, OR HOT-NEEDLES-PUSHED-DEEP-INTO-FLESH SENSATIONS.

ALSO - WILD FLAILING, SOMETIMES FOLLOWED BY SHORT PERIODS OF "RIGOR MORTIS"

HARD-TO-REACH ITCH SITE, TOP AND BOTTOM, NEVER ANY RASH, WHICH OFTEN STARTS AS THE SENSATION OF SMALL ELECTRICAL SHOCKS

"DEMO" NEURO-CONTROL BY BENDING EACH TOE BACKWARDS ALMOST 90 DEGREES, ONE AT A TIME, OVER A COUPLE OF MINUTES

GENERAL EFFECTS: SUDDEN OVERHEATING, ALL-BODY PAIN, FORCED "CAFFEINE FIELD" SLEEP PREVENTION, FORCED "DROP-IN-YOUR-TRACKS" SLEEP INDUCEMENT, IRRESISTIBLE "GO HERE, GO THERE" COMMANDS, MICROWAVE BURNS, ELECTRIC SHOCKS

INVOLUNTARY TEST SUBJECTS ALSO EXPERIENCE: FREQUENT BREAK-AND-ENTERS AT HOME AND AT WORK WITH CLOTHING AND FURNITURE, BUSINESS PAPERS, COMPUTER FILES SABOTAGED MODIFIED OR STOLEN. PSYCHOLOGICAL WARFARE RESEARCH IS THE LIKELY MOTIVE.

READING AND BROADCASTING THOUGHTS

CONTROLLED DREAMS

FORCED WAKING VISIONS SOME SYNC'ED WITH BODY MOTION

MICROWAVE HEARING *

"TRANSPARENT EYELIDS"

ARTIFICIAL TINNITUS

FORCED MOVEMENT OF JAW AND CLACKING OF TEETH

FORCED "MUSCLE QUAKING" OF THE LARGE MUSCLES ON THE BACK

FORCED PRECISION MANIPULATION OF HANDS, SOMETIMES SYNC'ED TO THE FORCED WAKING VISIONS

* THE FIRST UN-CLASSIFIED SUCCESSFUL TRANSMISSION OF THE HUMAN VOICE DIRECTLY INTO THE SKULL OF A LIVING PERSON WAS PERFORMED BY DR. JOSEPH C. SHARP, OF THE WALTER REED ARMY INSTITUTE OF RESEARCH IN **1974**

BY TRANSFORMING A HYPNOTIST'S VOICE USING THE LOWERY SILENT SOUND OR SMIRNOV SCRAMBLE METHODS, USED IN THE GULF WAR, IT IS POSSIBLE TO HYPNOTIZE A TARGET WITHOUT THE TARGET BEING AWARE, FROM HIDING LEAVING ZERO TRACE EVIDENCE

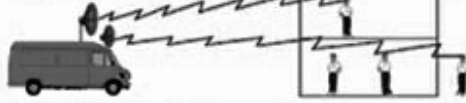
PSYCHO-ELECTRONIC WEAPON EFFECTS

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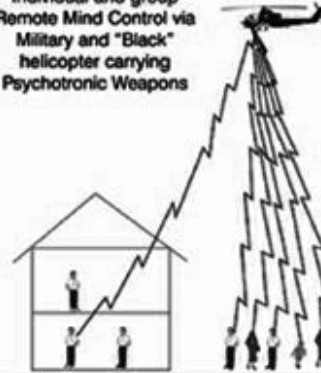
Mass and Individual Remote Mind Control via the Mobile Phone Network and Mobile Phones



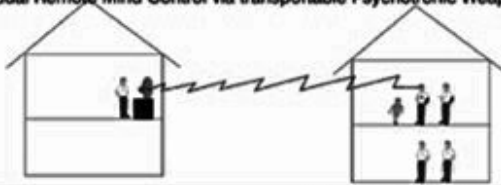
Individual Remote Mind Control via Mobile Psychotronic Weapons Carriers disguised as Communications Vehicles



Individual and group Remote Mind Control via Military and "Black" helicopter carrying Psychotronic Weapons



Individual Remote Mind Control via transportable Psychotronic Weapons



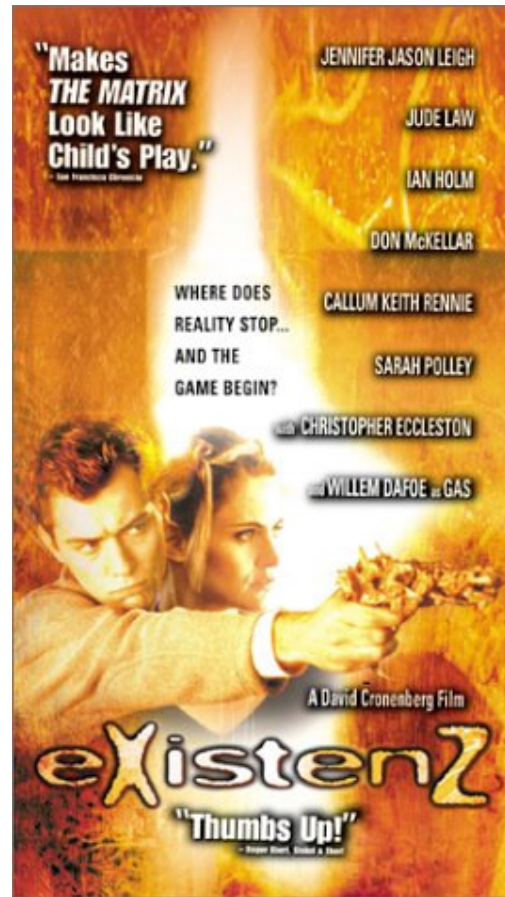
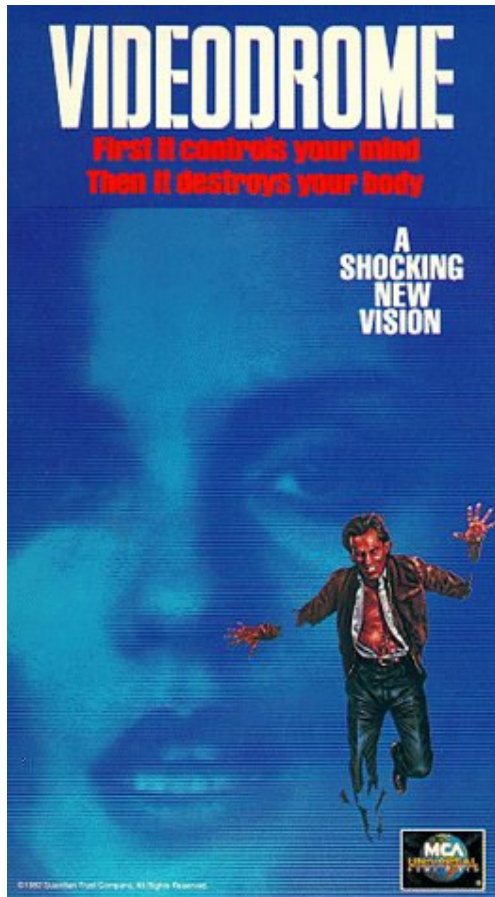
AN EXAMPLE OF ELF BRAIN STIMULATION.
Bioelectric Resonance Frequency

Brain Area
Motor Control Cortex
Auditory Cortex
Visual Cortex
Somatosensory
Thought Center

10 Hz
15 Hz
25 Hz
9 Hz
20 Hz

Information Induced Through Modulation
Motor Impulse co-ordination
Sound which bypasses the ears
Images in the brain bypassing the eyes
Phantom touch sense
Imposed subconscious thoughts

ORWELL'S 1984 IS HERE..... NOW!



2 movies. See them!

TECHNOLOGY TO BOGGLE YOUR MIND

The following is a short list of the hundreds of patents available which can be combined for use in direct or subliminal mind-control systems.

<p>This is a listing of various technologies available which can be combined for use in direct or subliminal mind-control systems. Please note that these are mainly private inventions intended for positive uses, but could be applied for negative purposes as well. We have no idea what the government may have in classified research. [This listing has been considerably edited due to space considerations. Ed.]</p> <p>Silent Subliminal Presentation System, US Patent #5,159,703, Oliver Lowery, October 27, 1992. A silent communications system in which non-aural carriers in the very low or very high audio-frequency range, or in the adjacent ultrasonic frequency spectrum, are amplitude-modulated with the desired intelligence and propagated acoustically or vibrationally for inducement into the brain.</p> <p>Hearing System, US Patent #4,877,027, Wayne Brunkan, October 31, 1989. A method for directly inducing sound into the head of a person, using microwaves in the range of 100 MHz to 10,000 MHz, modulated with a waveform of frequency-modulated bursts.</p> <p>Psycho-Acoustic Projector, US Patent #3,568,347, Andrew Flanders, February 23, 1971. A system for producing aural psychological disturbances and partial deafness in the enemy during combat situations.</p>	<p>Auditory Subliminal Message System and Method, US Patent #4,395,600, Rene Lundy and David Tyler, July 26, 1983. An amplitude-controlled subliminal message may be mixed with background music.</p> <p>Auditory Subliminal Programming System, US Patent #4,777,529, Richard Schultz and Raymond Dolejs, October 11, 1988.</p> <p>Apparatus for Inducing Frequency Reduction in Brain Wave, US Patent #4,834,701, Kazumi Masaki, May 30, 1989.</p> <p>Ultrasonic Speech Translator and Communication System, US Patent #5,539,705, M. A. Akerman, Curtis Ayers, Howard Haynes, July 23, 1996. A wireless communication system, undetectable by radio-frequency methods, for converting audio signals, including human voice, to electronic signals in the ultrasonic frequency range, transmitting the ultrasonic signal by way of acoustic pressure waves across a carrier medium, including gases, liquids and solids, and reconverting the ultrasonic acoustic pressure waves back to the original audio signal. This invention was made with government support under Contract DE-ACO5-84OR21400, awarded by the US Department of Energy to Martin Marietta Energy Systems, Inc. Non-Audible Speech Generation Method and Apparatus, US Patent #4,821,326, Norman MacLeod, April 11, 1989.</p> <p>Apparatus for Electrophysiological Stimulation, US Patent #4,227,516, Bruce Meland and Bernard Gindes, October 14, 1980.</p>	<p>Device for the Induction of Specific Brain Wave Patterns, US Patent #4,335,710, John Williamson, June 22, 1982. Brainwave patterns associated with relaxed and meditative states in a subject are gradually induced without deleterious chemical or neurologic side effects.</p> <p>Method and Apparatus for Repetitively Producing a Noise-like Audible Signal, US Patent #4,191,175, William Nagle, March 4, 1980.</p> <p>Apparatus for the Treatment of Neuropsychic and Somatic Diseases with Heat, Light, Sound and VHF Electromagnetic Radiation, US Patent #3,773,049, L. Y. Rabichev, V. F. Vasiliev, A. S. Putilin, T. G. Ilina, P. V. Raku and L. P. Kemitsky, November 20, 1973. Don't let the nice title fool you. This is the patent for LIDA, the infamous Soviet brainwashing machine.</p> <p>Non-Invasive Method and Apparatus for Modulating Brain Signals through an External Magnetic or Electric Field to Reduce Pain, US Patent #4,889,526, Elizabeth Rauscher and William Van Bise, December 26, 1989.</p>
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<p>Noise Generator and Transmitter, US Patent #4,034,741, Guy Adams and Jess Carden, Jr, July 12, 1977. An analgesic noise-generator.</p>	<p>Method and Recording for Producing Sounds and Messages to Achieve Alpha and Theta Brainwave States and Positive Emotional States in Humans, US Patent #5,352,181, Mark Davis, October 4, 1994.</p>	<p>Nervous System Excitation Device, US Patent #3,393,279, Gillis Patrick Flanagan, July 16, 1968. A method of transmitting audio information via a radio frequency signal modulated with the audio info through electrodes placed on the subject's skin, causing the sensation of hearing the audio information in the brain.</p>
<p>Method and System for Altering Consciousness, US Patent #5,123,899, James Gall, June 23, 1992. A system for altering the states of human consciousness involving the use of simultaneous application of multiple stimuli, preferably sounds, having differing frequencies.</p>	<p>Method and Apparatus for Translating the EEG into Music to Induce and Control Various Psychological and Physiological States and to Control a Musical Instrument, US Patent #4,883,067, Knispel et. al., November 28, 1989.</p>	<p>Method and System for Simplifying Speech Waveforms, US Patent #3,647,970, G. Patrick Flanagan, March 7, 1972. A complex speech waveform is simplified so that it can be transmitted directly through earth or water as a waveform and understood directly or after amplification.</p>
<p>Subliminal Message Generator, US Patent #5,270,800, Robert Sweet, December 14, 1993. A combined subliminal and supraliminal message generator for use with a television receiver; permits complete control of subliminal messages and their presentation. Also applicable to cable television and computers.</p>	<p>Method of and Apparatus for Inducing Desired States of Consciousness, US Patent #5,356,368, Robert Monroe, October 18, 1994. Improved methods and apparatus for entraining human brain patterns, employing frequency-following-response (FFR) techniques and facilitating attainment of desired states of consciousness.</p>	<p>Means for Aiding Hearing, US Patent #2,995,633, Henry Puharich and Joseph Lawrence, August 8, 1961. Means for converting audible signals to electrical signals and conveying them to viable nerves of the facial system.</p>
<p>Superimposing Method and Apparatus Useful for Subliminal Messages, US Patent #5,134,484, Joseph Wilson, July 28, 1992.</p>	<p>Method of Inducing Mental. Emotional and Physical States of Consciousness, including Specific Mental Activity, in Human Beings, US Patent #5,213,562, Robert Monroe, May 25, 1993.</p>	<p>Means for Aiding Hearing by Electrical Stimulation of the Facial Nerve System, US Patent #3,170,993, Henry Puharich, February 23, 1965. Hearing Device, US Patent #4,858,612, , Philip Stocklin, August 22, 1989. A method and apparatus for simulation of hearing in mammals by introduction of a plurality of microwaves into the regions of the auditory cortex.</p>
<p>Method of Changing a Person's Behaviour, US Patent O4,717,343, Alan Densky, January 5, 1988. A method of conditioning a person's unconscious mind in order to effect desired change in the person's behaviour, and which does not require the services of a trained therapist.</p>		

PROTECTION FROM NEURO-ELECTROMAGNETIC FREQUENCY MIND CONTROL WEAPONS

by George Farquhar

Protection from Frequency/Psychotronic weapons is not an easy task. This is particularly so because the vast array of symptoms that are caused by attacks from these weapons duplicate symptoms that can be created from other (natural) non-malicious sources.

Those of us who know they are targets of secret government experiment and torture are at present in the minority. The majority as yet are unfortunately very unaware that they are under serious threat from a remote source.

The mainstream understanding within society are presently unaware of the use of these weapons on innocent civilians. They will therefore be unable to discern whether or not any negative symptoms experienced have been created by natural non-malicious sources, or the malicious intent of the Mind Control Police within the Freemasonic Secret Society Brotherhood-controlled intelligence services.

OUR FIRST LINE OF PROTECTION

Our first line of protection is therefore to know that these Frequency Weapons (FW) are used by the intelligence agencies on society for the purpose of **Remote Mind, Emotional and Physical manipulation - Toward Social Control Experimentation and Murder**. If we do not acknowledge this very basic fact, we are leaving ourselves wide open for the major physical and psychological destruction of our being.

By contacting as many government, legal, social and media officials as possible regarding this human rights abuse we may certainly help enlighten those who do not truly know what is going on within our so-called democratic society. However, the bottom line is this: As the Freemasonic Brotherhood is inextricably interwoven into the highest levels of government, legal, social and media industries, as well as all other facets of our society, we cannot expect any real supportive force to stop these terrorist attacks via the use of Frequency Weapons or any other form of social control..

Any genuine effort attempting to expose this atrocity by any open-hearted and minded official within any part of our social structure will eventually be thwarted directly or indirectly. Usually this comes down to the underlying cliché... "due to National Security". Behind this cliché we can clearly read "due to the security of the Brotherhood Agenda to keep the masses in ignorance and fear, therefore easy to manipulate and control, toward total world domination."

TOTAL PUBLIC AWARENESS IS THE KEY

For a successful and total expose and therefore eventual destruction of Psychotronic/Frequency Weapons, Total Public Awareness is the key. Any active method towards this goal, is one step nearer, not only to the destruction of these weapons but also the freedom of the human race.

Self-empowerment is also paramount to our freedom and is an absolute necessity toward this cause. There are countless methods of self-empowerment, and only the individual can find the right way for themselves. A self-empowered person does not expect anyone to tackle any problem or fight any fight for them, yet genuinely and unconditionally helps others with theirs. Unlike anyone within the Brotherhood network, a self-empowered person does not take any energy, whether it be physical emotional or mental, from any other person, unless it is freely given. A self-empowered person does not, within their means and capabilities, allow another person to take their energy from them - unless it is freely given.

Self-empowerment is a continuous and never-ending process, and should be widely encouraged by those who seek it's wonderful and powerful qualities. More and more people around the world are now standing in their own power and becoming free. Eventually when the human race reaches critical mass of becoming self-empowered, those who wish to manipulate and control us with all their means will be left behind, as they will have no-one else to control. Then and only then will the people of the world become free. The responsibility starts with each and every one of us.

SEEING THE BIG PICTURE AGENDA

It is very important to fully understand as much as possible the agenda behind the use of [FW and all other methods of social control](#). Also important is to understand the mental attitude of the perpetrators of these psychotronic attacks, who are employed directly or indirectly by the intelligence agencies.

Being totally devoid of any humanistic qualities whatsoever, they have no conscience, no morals, no ethics and are severely mentally imbalanced. They have deep subconscious fears and are devoid of courage as they cannot face themselves. These fears are masked by the desire to control and torture others. By having no understanding whatsoever of who they truly are and their immense capabilities as a human being, they derive an illusory sense of power by doing what they do.

The more physical, emotional and mental pain they create in their targets through harassment, torture, rape and manipulation, the more powerful and important they feel they are. They derive pleasure and **power** from inflicting pain and creating **fear** in their unsuspecting victims, who cannot fight back. They also foolishly believe they are immune from being detected, exposed and brought to justice which gives them a false sense of security. In reality, it is only a matter of time before they will eventually realise that their "security" by being "protected" by their Brotherhood-run security agencies, whom they work for, was just an illusion. They will all eventually be exposed to the masses and will be held accountable, by the people.

In the meantime, the more we can reduce the fear response, in whatever way possible, to the harassment, torture and rape methods of the Mind Control Police within the intelligence

services, the less power they will have over us, individually and therefore on society as a whole.

Having a "No-Fear" attitude towards the MCP Psychotronic/Frequency Weapons perpetrators and their cowardly tactics has a great bearing on breaking the power of their manipulation and control. This method of protection has been well proven by a number of people with substantial personal experience of psychotronic attacks.

As Frequency Weapons are extremely high-tech it may be quite difficult to reduce any physical pain inflicted by a remote psychotronic attack. However, it is certainly possible to reduce the fear aspect, therefore help reduce any emotional and mental trauma. Fear can also be reduced to a great degree by fully understanding the agenda of our Brotherhood-controlled social structure as well as the mental "attitude" of the Mind Control Police Frequency Weapon perpetrators within the intelligence services.

Also to know **wholeheartedly** that one day this atrocity of Human Rights Abuse will stop and that every survivor who has ever endured psychotronic attacks will be free to live a normal life. In time, the perpetrators will be challenged by the self-empowered masses of society to such a degree, all their systems of manipulation and destruction will ultimately collapse and they will undoubtedly be brought to justice. Not by the Freemasonic Secret Society-run justice system, but by the people themselves.

DOCUMENTING YOUR EXPERIENCES

If you believe you are possibly a target of psychotronic/frequency attacks, it is important to keep a graphic, chronological journal of your experiences. This should include the symptoms you incur, and why you believe you are being targeted. Also, keep any evidence which may support and verify the validity of your experiences. This evidence will also be necessary when the MCP perpetrators and their organisations are finally brought to justice.

If you fully believe you are a victim of psychotronic attacks, it is important to continually contact, Government Authorities, Human Rights Abuse and other social organisations. Also the mainstream and alternative media, together with as many influential people as possible. The more people within the building blocks of our social organisations that are made aware of this atrocity the sooner psychotronic/frequency attacks on society will stop, and the perpetrators brought to justice.

When contacting these organisations send a typed documented report of your experiences. Also important, is to forward with your report, copies of documented evidence on the existence of Frequency Weapons and their use against society. This will give your report more strength and credibility to those who may be closed to the fact that remote psychotronic attacks on the people are at all possible. The more credibility that can be achieved within the mainstream 'attitude' of.... "This cannot be possible" (through fear of the truth), the sooner that the reality of this Human Rights Abuse will become clearly evident, and psychotronically attacked victims will then be taken seriously.

It must be recognised that only those in authority who have an **absolute and genuine** regard for Human Rights will take direct action, in defence of society, whatever the consequences to their social status, professional ethics, financial position, or even threat to their own life. Presently this humanistic quality is extremely rare within the social professions.

If you believe you are under psychotronic attack, it is imperative to stay as calm and as centred as possible. This will alleviate the attack to some degree, greater or lesser depending on the intensity of the attack and how well the individual can remain calm and centred. A very simple method to remain calm and centred within oneself is to connect your awareness to your breath and body. Find a place to sit or lay quietly, and place your attention on taking in slow deep breaths from the base of the stomach. Breathe in through the nose and out through the mouth. Also be aware of your body, how is it feeling and reacting to the experience? Continue this until the symptoms of the attack have alleviated or ceased altogether, then document your experiences in your journal.

It has been recognised that remote psychotronic attacks can appear less effective when outside, rather than inside a building. There could be a number of reasons for this. The building itself may help to contain and amplify the negative frequencies that are being forced upon you. The electromagnetic pollution which surrounds every building because of the live electrical wiring and appliances may have a bearing on amplifying negative frequencies from the weapons. You can experiment with this by leaving the building and going to a place where there is little or no electromagnetic pollution which emanates from power lines and microwave antenna etc.

If you are in your house and you cannot leave for any reason, experiment by switching the power off at the mains. The close proximity of electromagnetic pollution from any neighbours homes may have an affect on any change. As all populated areas are surrounded by negative frequencies from electromagnetic energies, it could be recommended to experiment by locating yourself in places of nature. Places of nature such as in the forest, by the sea or a river etc, normally have high "positive" electromagnetic fields around them. To some degree this may well reduce the effect of the "negative" frequencies from Psychotronic Weapons.

Continue to experiment with different methods when you believe you may be under attack, and always document your experiences. By keeping in touch with as many FW survivors as possible who can fully understand your situation, may be able to help support you through more difficult times. Whatever happens, stay strong, courageous and be assured that one day, the people of the world will be free from these remote psychotronic attacks on society and those responsible **will** be brought to justice.

SILENT WEAPONS FOR A QUIET WAR

(A SECRET MILITARY DOCUMENT EXPOSED)

AN EXTRACT FROM DAVID ICKES BRILLIANT BOOK

.....AND THE TRUTH SHALL SET YOU FREE

THIS DOCUMENT CLEARLY DESCRIBES THE DOGMATIC & AUTHORITARIAN MENTALITY OF THE ELITE WORLD GOVERNMENT HIERARCHY

I included in *The Robots' Rebellion* an extract from a document found, apparently by accident, in 1986 called *Silent Weapons For A Quiet War*. Another version is reported to have been in the hands of US Naval Intelligence in 1969. It is a wonderful explanation of the technique of mass brainwashing. The version I have was found inside an IBM photocopier bought at a second hand sale in America and it describes a policy of mass mind control. This lengthy and detailed document was dated 1979, but it outlines a policy that has been implemented since the 1950s. The document says that: "The quiet war was... declared by the international elite at a meeting held in 1954". The Bilderberg Group first met in 1954. It is likely that the methods laid out in the document will be inspired by the Tavistock Institute of Human Relations in London and its interconnecting offshoots. Here is a flavour of the content:

"Experience has proven that the simplest method of securing a silent weapon and gaining control of the public is to keep them undisciplined and ignorant of basic systems principles on the one hand, while keeping them confused, disorganised, and distracted with matters of no real importance on the other hand.

This is achieved by:

1. disengaging their minds; sabotaging their mental activities; providing a low-quality programme of public education in mathematics, system design and economics, and discouraging technical creativity.

2. engaging their emotions, increasing their self indulgence and their indulgence in emotional and physical activities by:

a) unrelenting emotional affrontations and attacks (mental and emotional rape) by the way of a constant barrage of sex, violence, and wars in the media - especially the TV and the newspapers.

b) giving them what they desire - in excess - "junk food for thought" - and depriving them of what they really need.

c) rewriting history and law and subjecting the public to the deviant creation, thus being able to shift their thinking from personal needs to highly fabricated outside priorities. These preclude their interest in, and discovery of, the silent weapons of social automation technology. The general rule is that there is profit in confusion; the more confusion, the more profit. Therefore the best approach is to create problems and then offer solutions.

In summary:

Media: *Keep the adult public attention diverted away from the real social issues, and captivated by matters of no real importance.*

Schools: *Keep the young public ignorant of real mathematics, real economics, real law, and real history.*

Entertainment: *Keep the public entertainment below a sixth grade level.*

Work: *Keep the public busy, busy, busy, with no time to think; back on the farm with the other animals."*

THE SILENT WEAPONS DOCUMENT DESCRIBES THE REMOTE MICROWAVE MIND CONTROL TECHNIQUE BRILLIANTLY

IT SAYS OF THE QUIET WAR:

"It shoots situations, instead of bullets; propelled by data processing, instead of grains of gunpowder; from a computer, instead of a gun; operated by a computer programmer, instead of a marksman; under the orders of a banking magnate, instead of a military general. It makes no obvious noises, causes no obvious physical injuries, and does not obviously interfere with anyone's daily social life. "

"Yet it makes an unmistakable 'noise', causes unmistakable physical and mental damage, and unmistakably interferes with daily social life, i.e., unmistakable to a trained observer, one who knows what to look for. The public cannot comprehend the weapon, and therefore cannot believe they are being attacked and subdued by a weapon. "

"The public might instinctively feel that something is wrong, but because of the technical nature of the silent weapon, they cannot express their feeling in a rational way, or handle the problem with intelligence. Therefore, they do not know how to cry for help, and do not know how to associate with others to defend themselves against it. "

"When a silent weapon is applied gradually, the public adjusts/adapts to its presence and learns to tolerate its encroachment on their lives until the pressure (psychological via economic) becomes too great and they crack up. Therefore the silent weapon is a type of biological warfare. It attacks the vitality, options, and mobility of the individuals of a society by knowing, understanding, manipulating, and attacking their sources of natural and social energy, and their physical, mental, and emotional strengths and weaknesses."

In other words, divide and rule, and introduce you global dictatorship via the stepping-stones approach and few realise what is really going on until it is too late. In fact, many will even

laugh at or condemn those who point out what is happening. Well the readers of this book, and many others like it, do know what is really going on. And if we are truly committed to a better world and to freedom of thought and expression, the information is impossible to ignore. The work we all have to do to break the hold the programmers have on so many human minds is considerable, but it is perfectly achievable - and will be achieved - if we are prepared to get involved. There is nothing more powerful than a human mind determined to think and act for itself. Such phenomenon is a manipulator's nightmare and, like everyone on the planet, you have that power.

You only have to use it.

WE ARE THE PRISON WARDERS

by David Icke

An excerpt from "And the truth shall set you free"

**Freedom may seem so far from our grasp
when you read of the global manipulation.
In reality, it is but a thought away.**

That thought is our freedom. If we are going to remove the global dictatorship - and we are - it will be done by changing the way we think and feel about ourselves. Who are the real Prison Warders who have systematically delinked us from our true and infinite potential?

We are!

You, me, all of us. I outlined some ideas in *The Robot's Rebellion* for the way we can organise, and evolve our societies to ensure the freedom of thought and expression we seek. But they were only ideas, not rigid structures. If we feel fear, guilt, resentment, and hatred, and we desire for others to take over our responsibility, those thought patterns will create the dictatorship institutions of today.

If, however, we feel, love, respect, and forgiveness, for self and others, and we desire to retake control of our minds and responsibility, the way society is organised will express those thoughts. The answer to the ills I have described in this book is within us and how we think and feel about ourselves. Everything that happens in this physical world is the result of a thought or thoughts. If we change thought, we change the physical world. In this closing section of the book, I am going to address this process because it is the means through which we can, and will, create a better world. The inner revolution becomes the outer revolution. The Earth is a mirror of the human mind.

It is appropriate at this stage to recap on a major theme of the book: creating our own reality. Look at your world and your life and you are looking at what you think of yourself at the very core of your being. It is easier to look outside for someone else to blame for what is happening to us. But we attracted those experiences and so the answer lies within, not without. We are absorbing magnetic energy from the cosmos and higher levels of ourselves, and broadcasting that energy out through the chakra/vortex system into the world, all the time. As that energy passes through us, it picks up our energy pattern. This precisely reflects our physical, emotional, mental, and spiritual state of being. It is the physical replica of our subconscious.

At any moment in any day, we are casting around us a magnetic image of what we think of ourselves. It is this which creates our reality by magnetically attracting to us experiences which correspond with that pattern. If you think you will always be poor, that is the magnetic energy pattern you will cast around you.

This will attract poverty to you on the basis of like attracts like. Look at yourself and most of the people you know. Observe for a while how many negative statements you and they make about the world and themselves. "I can't do this", "I could never do that". The common theme is: "I'm not good enough". As a result, we achieve little because that is what we expect to achieve.

This is understandable to an extent, because thanks to religion and the education/media system, we are deluged with messages telling us we are 'sinners' or 'unworthy' in some way. If you are a woman without a 'perfect' body, you are unworthy; if you are a little man with a bald head, you are unworthy; if you work in a factory, you are unworthy compared with the guy in the suit; if you were born out of wedlock, you are unworthy compared with those with 'official' parents. This is a never-ending list of images which, if we do not conform to some or all of them, we are considered, and consider ourselves, a failure or less worthy than someone else.

All this is crap, but it is persuasive crap if people are told it often enough from childhood. This is, in fact, the most powerful and effective of the mind manipulations I have been exposing. If we can be made to feel unworthy, of little consequence, and only here to do as we are told by our 'betters' then that is the magnetic energy field we broadcast and that is the physical reality we create. In doing so we are handing our minds and our world to those who broadcast a reality in which they have the right to control everything and everyone.

Years ago, as a journalist, I visited a hostel for women who had been attacked by their husbands or partners. I was amazed to find that a number of these women were on their second, even third, partner who had been physically violent towards them. I am not amazed anymore, because I can see why this was so. The women were attracting that punishment to them by what they thought of themselves. I did not meet one woman in that hostel who had any self-esteem and when I chatted with them, that lack of self-esteem clearly went back long before the first man attacked them. This is not to dismiss what they suffered, nor to excuse what the men did to them. The men were also reflecting what they thought of themselves, because anyone who exhibits hatred and violence towards others is projecting outwardly a hatred of self.

The victims are only mirrors for what the men think of themselves. The reason these two inner imbalances are attracted to each other is because the woman (who has such low self-esteem that she has an inner belief that she deserves to be punished), attracts the man (who wishes to punish other to avoid looking within). This is done through the attraction of two magnetic 'poles'. When one violent relationship breaks down, the woman simply attracts another until the cause (the lack of self-love) is removed. It's the same with the man. Love at first sight, dislike at first sight All such reactions are the result of this process. The family connection is important to emphasise here. Apart from the relative few who eventually break away from the mental and emotional domination of their parents, most people are massively influenced by the messages from childhood. Everyone is, to some extent, and these messages can be positive or, far too often, negative. Our overwhelming source of information in the first few crucial years of our physical lives is our parents. And what they tell us about the world is a reflection of what they think of themselves. They were the products of their own upbringing and what their parents thought of themselves.

If our parents and grandparents were given negative images of themselves and their potential, they are likely to have passed this onto us. This is not done out of malice,

merely misunderstanding. Our parents are the products of their upbringing, just as we are of ours. Each generation of victims creates, largely unknowingly, the next generation of victims. But we don't have to. The cycle can be broken and that is what we are here to do. We are here to take the baton of conditioning and limitation from our parents, break those patterns, and hand a baton of freedom onto our children.

As the mind control and the human divisions of class, job, sex, colour and creed, have grown, the childhood messages for the majority have been extremely negative. If you are a woman, you are led to believe that you are here to serve men and conform to your place in a man's world. A career of your own? What about your husband? In these circumstances, standing in a man's shadow becomes the woman's reality and that is the life she attracts and therefore creates. If we are born into a vast council housing estate amid poverty and unemployment, it is easy to see how through childhood and into adulthood we can be persuaded that life will always be like that. We can believe that there is no way out of this cycle. It becomes our reality.

We don't expect to escape from our lot in life and so we don't because we are attracting to us what we expect. We don't expect to have a say in what happens in the world and, again, that is what we create. It is the same with those who suffer from inhuman deprivation in parts of Africa, Asia, and Central and South America. Children born into those conditions naturally believe that this is what life must be like because they have known nothing else. They inherit, and then pass on, the mindset that the West is rich and they are poor and it will always be so. As a result they remain poor and exploited because that is the magnetic reality they attract. If you can create the mindset, you create the physical reality, and this is what the manipulators seek to do.

Now look at this from the Global Elite point of view. The children of the key families at the peak of the pyramid are brought up through childhood to believe that not only will they always be rich materially, they are also programmed to believe that they have a birthright and a genetic inheritance which ensures they will control the world and deserve to do so. That is what they believe and that becomes their magnetic reality. This energy pattern which they broadcast around them attracts the experiences and opportunities to manifest in their lives what is going on inside. They do indeed control a world made up largely of people broadcasting, and creating, the reality that they are unworthy and have no control over their lives. One reality dominates the other and it is not difficult to see why. Of course, the attitude of the Global Elite which says they are superior and have a right to control others is a reflection of deep imbalances within them, a lack of love and respect for self, manifesting outwards as a lack of love and respect for others.

This will make them unfulfilled and unhappy people, always seeking happiness and a sense of fulfilment by yet more control and domination of others. But at the level of controlling the world, their day by day reality is very much that they are the controllers. Therefore they are. And each generation within the families of the Global Elite will program that into their offspring, so maintaining the reality through the decades. Whatever else is going on inside, someone who believes they are born to control will always dominate those who believe they are unworthy and need to look to others to tell them what to think and do.

The 'master' and the 'slave' create each other.

There will be those who claim that all this cannot be true because while they are always saying they are confident of achieving this or winning that, they never do. That's because they don't really believe it. Far from describing what we feel inside, words are often used to hide what is happening within us. They are fronts, smokescreens, to our true self.

Words only have real power when we believe what we say. That is why two people can make the same speech and one will get a standing ovation and the other polite applause. If we truly feel the words we speak, they project an energy of enormous power, for it is the combination of the words and our inner self in unison.

If another person just reads the words competently and professionally without feeling them with all their being, that potential power will not be there. I can say I am a black woman. I find it easy to say that. But I don't believe it because I am not a black woman, I am a white man. Words are just words unless we believe them. It is not words that create our reality, it is what is going on inside of our multidimensional, magnetic self.

When people verbally attack politicians or those in power of any kind, they believe they are proving that they won't be pushed around by authority. Often the opposite is the case. People may attack politicians as "useless" or bankers as "greedy parasites", but what happens when anything goes wrong? To whom do those same people look for answers and responsibility? Themselves? No. Politicians and bankers. What are "they" going to do about it, they ask. The words are just a façade, an illusion that people are taking control of their lives. The inner being is still giving its mind and life away to others and that continues to be the physical reality, no matter what the words may say.

The New World Order is the natural outcome of each generation handing over its responsibility and potential. The collective mind of the human race is the sum total of all human thought. Whatever dominates human thought will dominate the collective mind and this also creates a global magnetic reality. If the dominating thought patterns in the collective mind include a desire for someone else to take responsibility for our lives and do all the things we can't be bothered to do, then the magnetic pattern thus produced will create a collective, global, version of that - the network called the New World Order.

It will attract together the imbalanced energy fields of the Global Elite to fulfil that reality. The Global Elite are the collective equivalent of a dominating husband who tells his wife everything she must do and think. That woman will have attracted that man and vice versa because of what is going on within both of them. So it is with the collective mind and the New World Order. **It is our creation.**

We are the Global manipulators because the people identified in this book are the global reflection, the mirror, of the way we manipulate each other. Look at how we all manipulate people by using fear and guilt to get our own way. We often do it without realising it because it has become so much a part of the human psyche. The Global Elite are simply doing the same on a global scale. Look at how people play two sides off against each other to bring about a desired result in a family or business. The Elite are only doing the same on a bigger stage. It is only the scale that is different. They represent the sum total of human behaviour on that vibration of control and domination which billions of people are using in their own lives day by day.

So when we look at the Rothschilds, the Henry Kissingers, and the David Rockefellers who are provably manipulating the human race along a dark and deeply unpleasant road, in my view, they are only the reflection of what is happening in the collective human mind. When we love, respect, and forgive ourselves and each other, and when we desire to take responsibility for our own lives, that will be the reality we will create around us and, together, we will create globally.

The New World Order of centralised dictatorship will not be able to exist in such circumstances because it will not be collective desire and, therefore, the collective reality. We will have thought it out of existence. There is no such thing as a 'natural order'. What we call the 'natural order' is merely the physical expression of the dominating thought patterns in any society or on a particular frequency. When the thought patterns change, so does the 'natural order'.

There are many thought patterns that form together to create our inner sense of self and our outer physical reality. It's not only the way we think now. It includes all the thought patterns, the inner resentments, hurts, fears, and guilts, we have held on to from earlier in our lives and in previous physical lives, sometimes going back aeons. If your life today does not reflect the way you are consciously thinking, it can be that way for a number of reasons. One is that you are holding on to patterns from the past which you may not even be aware of. How can you tell what they are? Look at your life. It reflects what is going on inside. What is it about your attitude to yourself that is attracting your present experience? It is only by our subconscious creating an outer reflection of itself that we can identify what we are carrying deep within our psyche.

Many people, at this time of the Great Transformation of the Earth and the human race, are going through highly negative experiences, mostly affecting the emotional level where so much of this psychological baggage from the past is accumulated. Although it may not seem so at the time, this process is actually very positive. It is giving us the opportunity to face our inner self and let go of the pain and weight of the past. We don't live in and enjoy the now because our 'now' is dominated by the baggage of the past and the worry of the future.

Two other forces that help to create our present experience by affecting our inner pattern are our desire to serve the Earth and the human race, and, connected with that, the astrological vibrations we are feeling day by day. When we come with a specific task to make a contribution to improving life on Earth, and there are countless millions, potentially billions, of such people on the planet at this time, we carry pre-programmed patterns which will help us to do the job. Sometimes such people will not be doing what they consciously want to do, but they will be following a pattern from their higher consciousness which will attract to them the experiences necessary to carry out their chosen task in this incarnation.

Astrological factors will be part of this, as they are for all people. The planets are like transmitters broadcasting a distinct vibration. Depending where they are on their orbits in relation to the Earth, different planetary vibrations, or combinations of them, are more powerful at different times in their effect on this planet. A good astrologer identifies these combinations and outlines their likely effect. Things don't have to happen in response to these astrological changes because we have freewill, but they are more likely to happen.

At birth, we absorb the energy pattern in the atmosphere of our birthplace at that moment. This will reflect the positions of the planets at that moment. So, as the planets continue to travel the heavens during our physical lifetime, we will be affected by them in a rather different way from someone born at another time and place because our inner 'birth pattern' will be different. Again a good astrologer - and the ability varies enormously as with every other profession - will be able to predict likely effects on people if they know their exact time of birth and where they were born.

They will also be able to make a reasonable assessment of what we have chosen to achieve in this life by assessing the energies we absorbed at birth. When and where we are born is rarely random. The movement of the planets and changing Earth vibrations they trigger are affecting us every second, and I believe it will be shown (as the transformation proceeds) that our DNA is synchronised with the planets.

There are many factors which go into the make-up of our inner energy pattern and therefore the physical reality it creates. But one thing above will lead us to a positive, joyous, freedom more effectively than anything else. That is to love, forgive and respect ourselves. The first step to that is to deprogramme our minds from the manipulated messages of the Global Elite and allow ourselves to be, think and feel, what we really are. The real us, not the robot version.

Deprogramming the Mind

An ever-increasing number of people are deprogramming themselves from a lifetime of subtle and less than subtle mental dictatorship. The minute-by-minute messages from the media, religion and the 'education' system, and the inherited 'values' we absorb without question, have been designed to create a concrete prison of dogma in our consciousness. I refer to religion and the other empires of manipulation as psychological fascism. It turns our mind into a rigid enemy, when it should be our flexible friend.

Letting go of dogma is the key. It doesn't matter what form your dogma may take; there will be an opposing dogma to challenge yours. As these are brought into conflict, a divide-and-rule scenario follows. This is why religions and political parties were created. To the Global Elite, and therefore the Prison Warder consciousness, the so called 'far Left' is just as important as the 'far Right'. The dogmatic Christians are just as important as the dogmatic Muslims or Hindus. The union are just as vital as the 'bosses'. You need two to tango and two to fight. Creating extremes and playing them off against each other has been one of the most effective weapons in the Prison Warder control of this physical world.

Tyranny takes many forms, most of them not obvious. More than that, most people who behave in dictatorial authoritarian ways, don't even realise they are doing so. They are so sure that they are right, they don't stop to observe that they are imposing their beliefs on someone else and using the banner of 'freedom' to do it. Mental dictators don't all look like Adolf Hitler or Josef Stalin. They can also stand in picket lines, go on freedom marches or sit around a candle in Glastonbury.

A British MP demanded that violent criminals be thrashed on live television after the National Lottery draw. What effect would this have, did she say? Less violence in society! And in the United States, perhaps the sickest and most violent society in the world, the death penalty is

being extended to more states. Why? To deter violence and murder. They are killing people with electric chairs and firing squads because, presumably, they say life is sacred and anyone who takes like should be murdered. The mental gymnastics required for this beggars belief. All these examples re the same thought patterns promoted as opposites. They are dogmas, prisons of the mind. What we believe is right for us we surely need to believe is also right for everyone. If we don't we are not serious about freedom for all, only freedom for ourselves and our own dogma.

The difference between dictatorship and freedom is allowing all information into the public arena and respecting another's right to make of it what feels good to them. Disagreement and harmony are not contradictions if respect of another view is there. When I challenge people and organisations in this book, it is not because of what they believe. They can believe what they like, that is their choice. I challenge them because from my perspective they seek to impose those views and to suppress others. They can believe to their hearts' content that a world government and a microchipped population is a great idea. It is when they impose those things on others that a challenge becomes legitimate and necessary. We need to keep in focus what we mean when we talk of freedom. If we don't do that, we might unknowingly, be acting in ways that stop ourselves and others being truly free.

THE MICROCHIPPED POPULATION

By David Icke

From his book.... "And the Truth Shall Set You Free"

This is the part of the Elite strategy which some people find hardest to accept. We believe that we would never allow it to happen. Well, let's take a look at how close it is. Already domestic animals are being microchipped in ever greater numbers and linked to a computer. It's been sold to pet owners on the basis of "You'll never lose Rover or Fido again". The Queen of England has had some of her corgi microchipped. Who next, Prince Charles? Alongside this, the move to phase out the use of coins and notes is quickened and all money transactions will be electronic via a credit card and/or smart card. This is planned to become a joint identity/money card with all personal details on a microchip.

If things go to plan, all these transactions will be recorded by a global computer - the "beast" possibly mentioned in the Biblical revelations. **The "mark of the beast," the microchip, is planned to be moved from the smart card to the human body when a story can be hatched to persuade people to accept it. Some researchers suggest that the human bar-coding will include three set of six digits in the computer - hence 666, "the number of the Beast".** Once we have agreed to the end of cash and there is no turning back. We will have to accept the microchip implant or we will have no means of purchasing anything when they decide to phase out smart cards. Also it will be sold to people as a convenience which will end credit card fraud and lost cards. It is the ultimate control. **Everything about you, including your location, will be constantly observed by the computer.**

I am told by a very good source that the Global Elite computer system is based underground in Brussels, Belgium. It is called the Krypt or Crypt because it is located in 100,000 square feet of office space underneath the Church of the Sacred Blood of Jesus, known locally as the Blood Church. The main entrance to the underground facility is from buildings across the road from the church. Similar computer centres are located at the Air Force Academy, Cheyenne Mountain, Colorado Springs, USA, and the Satellite Control Centre, Alice Springs, Australia. These systems lock into government computers across the world to gather information on everyone on the planet who has a social security number or identification code of some kind. **Your details will be on this computer now, waiting for the start of microchipping.**

Today if you go into a shop to buy food and your credit card is refused by the computer, you can pay with cash. What happens when there is no cash? You are at the mercy of the computer. If it read your card or microchip, you have no means to purchase anything. We will then be robots in every sense, an extension of a computer program. In the US, Food Stamps and some other benefits are being converted to the card based Electronic Benefit Transfer (EBT) and the whole social security system is planning to do the same. The plan to phase out cash moves apace. A United Kingdom company, AIM UK, which specialises in "automatic identification", produced a face with a bar coding on the forehead as part of its publicity material. One of this company's products is Radio Frequency Identification which reads electronic labels in manufacturing, warehousing, shops, and on people. The technology now

being developed will allow every thought and action to be monitored and recorded. The London Sunday Times of April 16th 1995, also reported that:

"The next computer you buy may be the last one you will need. In future, scientists want to insert electronic chips into our heads so that we can plug directly into the information superhighway British are among international teams working on an implant to translate human thought into computer language. In a generation, one group says, people with a peppercorn-sized chip in the back of the neck will be able to talk to machines."

Or, rather, the machines will be able to talk to them. People with satellite television are amazed to find that their individual decoder cards can be programmed from the TV headquarters. When you ring to subscribe to a scrambled channel, the operator activates a beam which programmes your card and the picture appears while you are still on the phone! **If they can do that to a card, they can do it to a microchip inside a human being.**

The Elite plan includes the microchipping of all babies at birth. It would take only a fraction of a second to do. The technology already exists and the only thing that remains is to persuade public opinion to accept it, or even demand it. One way this will be done is to highlight missing children stories, including the abduction of babies from maternity wards. While I have been writing this book, there have been such incidents in the United Kingdom and immediately the solution offered was electronic tagging. This is a tiny step from an implanted microchip. The electronic tagging of criminals is a stepping-stone to the microchip. With the mind control techniques I discussed in the last chapter, it is no problem to program a woman to go into a hospital and steal a baby to create the something-must-be-done scenario. She would have no recollection of her programming and she would believe it was her decision.

A highly acclaimed electronics engineer in the United States was developing a microchip implant to help spinal injury patients when, he said, the project was hijacked by the one-world brigade. The story Dr Carl W. Sanders was reported in the investigative magazine, Nexus, in the summer of 1994. He said that he attended 17 meetings of the One-Worlders in places like Brussels and Luxemburg. The meetings, he claimed, were "tying together the finances of the world". Dr Sanders said:

"I was at one meeting where it was discussed: 'How can you control a people if you can't identify them?' People like Henry Kissinger and CIA folk attended these meetings. It was discussed: 'How do you make people aware of the need for something like this chip?' All of a sudden the idea came: 'Let's make them aware of lost children, etc.' "This was discussed in meetings almost like people were cattle. The CIA came up with the idea of putting pictures of lost children on milk cartons. Since the chip is now accepted, you don't see the pictures anymore, do you? It's served its purpose."

Dr Sanders said the manipulators want the chip to contain a name and a picture of the person's face, an international Social Security number, fingerprint identification, physical description, family and medical history, address, occupation, income tax information - occupation, and criminal record. Another selling point of this, no doubt, would be the end of passports. The chip recharges itself by turning the changes in body temperature into a dynamo system, the most effective places they have found for this are the forehead and the back of the wrist. The BBC 'science' programme, Tomorrow's World, revealed in September 1995, how in the UK, people are already being microchipped with their medical records. This stuff is happening **NOW!**

The implications of allowing ourselves to be microchipped are far wider than I've even outlined. It also involves the suppression of the spiritual transformation now underway. The Sanders chip, he said, can be used to modify, behaviour. During the Vietnam War, he told Nexus, they had a "Rambo Chip" which stimulated a greater flow, of adrenaline. **Timothy McVeigh, the man charged with the Oklahoma bombing, says he was microchipped while serving in the US Army. How many mind controlled service and ex-service personnel are out there with microchips within them that can be activated at will?** Dr Sanders pointed out that if you stop the output of the pituitary gland, you can stop the flow of oestrogen, cause instant menopause, and stop conception. The chip can be a form of mass birth control, another theme of the New World Order.

Messages from the computer to the implanted chip can change mass behaviour, act as emotional upper and downer, a sexual stimulant and depressant and trigger violence at will. And the major stepping-stones to the microchipped human being are the microchipped identity card and the end of cash. Don't let it happen.

Supermarkets are now experimenting with bar-coded cards which customers will use to keep a tally of their purchases and then pay for them when they leave, without the need for a checkout assistant. The big supermarket chains already have the facility for customers to pay by credit card in ways very similar to this. The next step is to say how much more convenient it would be if customers had a little microchip under the skin without the need to use a card. Give you freedom away. You know it makes sense. Look at the supermarket queues you will avoid! In February 1995 the now defunct London Today newspaper included a centre page article predicting that cash would be phased out by the end of the decade and replaced with electronic money. 'Trials' are underway in England, as they are across the world. **The new European currency will almost certainly be electronic.**

As I write this, there has been a story on the news that the new European currency will be delayed until the next century because of the time it will take to print all the money and mint the coins. I can hear the punch line now: "Oh we have found a way of speeding up the process - we'll have an electronic currency!". **The British government has made the UK the first country to introduce compulsory DNA profiles of everyone charged with a criminal offence. The DNA make up of a human being is a potentially catastrophic tool in the wrong hands because the underground science knows far more about these thing than the public are told or even mainstream science knows.** In the light of all these provable developments, it focuses the mind to reflect on the predictions in the Biblical Revelations:

"And he [the beast or anti-christ] causes all, both small and great, rich and poor, free and slave, to receive a mark on their right hand or on their foreheads, and that no-one may buy or sell except one who has the mark or the name of the beast or the number of his name. Here is wisdom. Let him who has understanding calculate the number of the beast for it is the number of a man: his number is 666".

Revelations 13; 16-18

The Hopi native American people also have an ancient prophecy that no-one will be able to buy or sell without the mark of the bear. When this mark becomes visible the prophecy says the third great war will come. If you look at the mark a bear makes when it sharpens its claws on a tree, there is a remarkable resemblance the the bar-code of today. **The New World Order is pushing ahead at its time to secure food control, energy control, business and**

credit control and the sum total of all these things and more: people control. That's what the manipulators mean when they speak of one world and the global village.

A global fascist tyranny. A global plantation. The plan now is to divide and destabilise societies with terrorism and economic upheaval to dupe their collective minds into allowing what is left of basic freedoms to be destroyed. Japan is one obvious target of destabilisation, but all are in their sights unless we get wise to it.

The idea is to stimulate fear in every heart. Nothing is too unspeakable to the Global Elite in pursuit of this. We can stop all of it and we will stop it, but only when people stop being pawns and victims. The Global Elite are not all powerful. They exist and control only because the human mind has opted out of responsibility and allowed them to run the world. With everyone who regains control of their own mind, the task of the Elite gets harder and harder.

If people are shocked by what they have read here, then I'm glad. I saw a badge, made in America, which said: "the truth will set you free - but first it will piss you off!" Reality often does shock and its time for human beings to look reality in the face - and change it to a better one. Then reality which has been exposed here is the reality the collective human mind has created. It's time to grow up.

Human apathy and naivety are the greatest weapons of the Elite. Opening ourselves spiritually and realising the glory of creation is wonderful. But if people float around in some spiritual mist, their feet dangling from the ceiling, they are copping out, in my view, and the complacency I see in so many areas of the spiritual movement is staggering in the light of events in the world. I hear people who think that addressing or talking about something that is "negative" must be avoided at all costs. It is disempowering I hear. Knowledge is never disempowering. **But ignoring it is. What is more negative and disempowering than being manipulated every day towards a global fascist dictatorship while having no idea that it is even happening?**

What is more negative than having thoughts planted into our minds which we believe to be our own? And what does negative energy do, if it is not addressed? It stays negative, or gets more so. Is that what the spiritual movement wants? Is that empowering? Or is it much easier to live in some semi-dream world where words like love and peace are scattered around like confetti while the Elite go on un-challenged because to expose their manipulation is considered too "negative"?

It is easy to speak words, much harder to live them.

And if we are going to change this world for the better, then words like love, peace, respect, and freedom need to be lived and not just parroted like some new age speaking clock. As its foundation any guide to freedom needs a thorough knowledge of why and how that freedom has been removed in the first place. Without that, there can be no answers. But answers there are if we have the courage and the vision to stop laying around and get on with it.

People of the planet Earth it is wakey, wakey time.