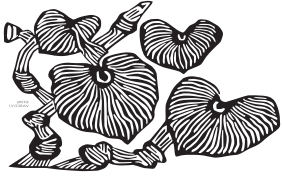


# Hawaii Healing Garden

## Kauai Solstice Festival & Concert



A Celebration of the Cultural Healing Arts, Health & Wellness, and Green Sustainable Living! Enjoy a Festival celebration day of fun educational events, a health fair, healthy food and cultural entertainment. The festivals are family friendly events, with programs for adults, young adults and kids. The days following the festival feature workshops, tours, cooking classes, healthy tennis, art classes, farm workshops and more, at unique locations islandwide.



### Saturday, June 21 - Hawaii Healing Garden - Festival

**Festival & Health Expo - 9:15 am - 5:00 pm • Solstice Concert - 5:00 - 7:30 pm**

**Location: Malama Kauai, Kilauea - 4900 Kuawa Rd, Kilauea - former Guava Kai Plantation**

#### Presentations - Main Stage - 10:00-5:00

- 9:30 - **Pule:** Opening Ceremony
- 9:30 - **Welcome:** Hawaii Health Guide & Malama Kauai
- 10:00 - **Plantioxidants, Miracle Medicines of the Future**
- 11:00 - **Healing Arts of the Philippines**
- 12:00 - **Vegan Cuisine for Health & Vitality**
- 1:00 - **Amazon Medicine: Healing From the Jungle**
- 2:00 - **The Hawaiian Healers' First Aid Kit**
- 3:00 - **Healing Herbs & Techniques of Ayurveda**
- 4:00 - **Chinese Medicinals with Leon Letoto**

#### Solstice Concert: PAULA FUGA & Friends

- 5:00-5:30 - Aloha Africa, Solstice Celebration
- 5:30-6:00 - Millicent Cummings, Altar Native
- 6:00-6:30 - Cindy Combs, Slack Key Lady

**6:30-7:30 - PAULA FUGA & Friends**

#### Healthy Hawaii Expo: Vendor Tent - 10:00-5:00

Healing Fair exhibitions, vendors, food, products and services, massage, raffles, prizes and more!

#### Lei Contest - 9:30-4:00

- 9:30-11:30 Registration, drop off & Judging
- 11:00-4:00 Leis on display & Silent Auction

#### Outside Lawn Activities

- 11:00-2:00 - **Play Tennis:** Healthy Tennis for family fun. Learn healthy stretching, self massage too!
- 11:00-3:00 - **Van Go! Kahu 'Ohana:** Art family fun! Enjoy the Kahu Ohana Art project honoring family!

#### FREE CONCERT

**VIP Ticket Donation: \$15 & \$25**

**Call: 808-638-0888**

### Sunday, June 22 - Workshop & Tour Day

**Location: Malama Kauai, Kilauea - 4900 Kuawa Rd, Kilauea - former Guava Kai Plantation**

#### "Transitioning to Organics" Workshops

- 10:00-12:00 - Introductory Workshop
- 1:00-3:00 - Advanced Workshop
- 12:00-1:00 - **Soil Food Web Workshop**  
FREE or Donation, Mahalo
- 1:00 - 4:15 - **Healthy Tennis Workshop**  
\* **Princeville Raquet Club** \$60 call 354-6373

#### 10:00-1:00 Chinese Medicinal Cooking

With Leon Letoto L.Ac  
\$40.00 Reservations please!

#### 1:00-4:00 Internal Cleansing Workshop

With Kathy Matara  
\$30.00 Reservations please!

#### 10:00-12:00 Filipino Healing Arts

With Virgil Apostol  
\$20.00 Reservations please!

#### 1:00-4:00 Amazon Medicine Workshop

Jerome Black & Jackie Carlino  
\$30.00 Reservations please!

### Monday, June 23

**The Taro Patch in Anahola**  
Call for Directions

#### Traditional Treatments for Addictions

9:00-12:00 - Levon Ohai & Uala Lenta  
\$30 Reservations recommended

#### Superfoods of the Amazon!

1:00-4:00 - Jerome Black & Jackie Carlino  
\$30 Reservations recommended

### Tuesday, June 24

Private Location: Please call for directions

**Angel Skin Workshop - 5:00-8:00 pm**  
With Master Herbalist Kathy Matara  
Learn to make natural skin products with all organic, non gmo, and raw ingredients!  
\$140 - 3 hours, includes all materials.  
Call Kathy at 808-822-4206

Space is limited, Reservations Please.

### Wednesday, June 25

**Gaylords In Kilohana**  
3-2087 Kaumualii Hwy, Lihue

**Culinary Herb Tour 10:00-12:00**  
With Chef Johnny of Gaylords \$20.00

**Painting in the Garden**  
9:00-4:00 with artist Charlotte Abernathy  
\$55.00 bring your supplies,  
\$75.00 supplies included  
Reservations please!

**(808) 638-0888 • www.HawaiiHealingGarden.com • info@hawaiihealthguide.com**

